

Gluten-Free • Dairy-Free • Vegan • Non-GMO

secure[®]

complete meal replacement bar

Coconut
Almond
Cookie
Crunch

16 Vitamins & Minerals
50% RDI of 9 Vitamins
200% RDI of B12 & Biotin

10 g Protein
5 g Fiber

0 g Trans Fat
0 mg Cholesterol

12 bars

180 Calories per bar • 10 g Protein • 5 g Fiber

12 - 1.41 oz (40 g) BARS
Net Wt. 16.9 oz (480 g)

Nutrition Facts

12 servings per box

Serving size 1 bar (40 g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 11 g 14%

Saturated Fat 3 g 15%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 170 mg 8%

Total Carbohydrate 15 g 5%

Dietary Fiber 5 g 18%

Total Sugars 6 g

Includes 5 g Added Sugars 10%

Protein 10 g

Vitamin D3 10 mcg (400 IU) 50%

Calcium 100 mg 8%

Iron 2 mg 8%

Potassium 176 mg 4%

Vitamin C 50 mg 50%

Vitamin E 7.5 mg (11 IU) 50%

Vitamin B1 0.6 mg 50%

Vitamin B2 0.65 mg 50%

Niacin 8 mg 50%

Pantothenic Acid 2.5 mg 50%

Vitamin B6 0.85 mg 50%

Vitamin B12 4.8 mcg 200%

Folate 200 mcg DFE 50%

Biotin 60 mcg 200%

Magnesium 50 mg 15%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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secure Complete Meal Replacement Bars are delicious, nutritious, and economical. They are gluten-free, dairy-free, vegan and non-GMO. Each 180-calorie **secure** bar contains only 6 grams total sugar, along with 10 g of protein and 50% to 200% of the RDI of all B-vitamins, plus 50% of the RDI of vitamins C, D and E. **secure** is designed to be the most delicious and nutritious meal replacement or protein bar you have ever tasted. In addition to high levels of protein, vitamins and minerals, **secure** is rich in prebiotic fiber to support a healthy microbiome. **secure** is not just delicious and satisfying, but also formulated to meet the most demanding nutritional requirements.

Meal replacements have long been scientifically established as perhaps the most straightforward and reliable weight management tool, but sadly, typical meal replacements are neither enjoyable nor healthy. **secure** reinvents the experience and advances the science of meal replacements making them as delicious and enjoyable as they are nutritious and healthy. *Enjoy!*

Ingredients: Almonds, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Coconut, Agave Syrup, Cane Sugar, Cocoa Butter, Glycerin, Natural Flavors, Soy Lecithin, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, Magnesium Citrate, d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Sea Salt.

Contains: Soy and Almonds. Produced in a facility that also processes peanuts.