

SUGGESTED USE Consume one capsule daily with food, preferably a complete meal. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT



QUESTIONS? REORDERS?
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs
Henderson, NV 89011



ESSENTIAL 1.
nuonce
max
daily multivitamin
+ minerals
+ carotenoids
3,000 IU Vitamin D3



Gluten-Free
Dairy-Free
NON-GMO
Additive-Free
No Fillers
Easy-to-Swallow

Full B-Complex
Pyridoxal Phosphate
Methyl B12
Methyl Folate
Coenzyme Q-10
K2 MK-7
Lutein
Lycopene
Zeaxanthin

360 Capsules • Dietary Supplement

Since 1979, **ESSENTIAL 1** has been the world's most advanced multivitamin. After almost half a century of consistent updates, I felt that **Essential 1** had earned a more distinctive name. It is now **nuoncemax**. It remains the only true alternative to the additives and inferior ingredients of all other multivitamins. Our easy-to-swallow capsule contains no manufacturing additives and is always gentle to the stomach. All key nutrients are present in their proper forms and optimum levels. **nuoncemax** provides 3000 IU of Vitamin D3, plus a full B-Complex, including naturally active Methyl B12, 5-Methyl Folate, Pyridoxal 5'-Phosphate, meaningful levels of Biotin and non-acidic Vitamin C. We provide all critical carotenoids; Lutein, Lycopene and Zeaxanthin, along with the heart, energy and bone benefits of CoQ10 and Vitamin K2 MK-7. **nuoncemax** retains all the purity, convenience and affordability of **Essential 1** without the additives and other problems of hard-to-swallow and difficult-to-digest multivitamin tablets or even worse, deceptive calorie-laden gummies. Experience the world's finest multivitamin. Enjoy **nuoncemax**!

Andrew Lessman | **Andrew Lessman**
Founder ProCaps Labs

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts		Serving Size 1 Capsule
		Servings Per Container 360
Amount Per Serving		% DV*
Vitamin A (as natural beta carotene)	200 mcg RAE (667 IU)	22%
Vitamin C (as calcium ascorbate)	200 mg	222%
Vitamin D3 (as cholecalciferol)	75 mcg (3,000 IU)	375%
Vitamin E (as natural d-alpha tocopheryl succinate)	40 mg (60 IU)	267%
Vitamin B1 (as thiamin hydrochloride)	10 mg	833%
Vitamin B2 (as riboflavin)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	4,167%
Folate (as L-5-methyltetrahydrofolate)	400 mcg DFE	100%
Biotin	1,200 mcg	4,000%
Calcium (as calcium ascorbate/carbonate)	80 mg	6%
Magnesium (as magnesium oxide)	40 mg	10%
Zinc (as zinc citrate/oxide)	12 mg	109%
Selenium (as sodium selenite)	120 mcg	218%
Copper (as copper citrate)	1 mg (1,000 mcg)	111%
Manganese (as manganese citrate)	2.3 mg (2,300 mcg)	100%
Chromium (as chromium picolinate)	100 mcg	286%
Molybdenum (as molybdenum glycinate)	50 mcg	111%
Coenzyme Q-10 (natural ubiquinone)	10 mg	†
Vitamin K2 MK-7 (as menaquinone-7)	40 mcg	†
Lutein	1 mg (1,000 mcg)	†
Lycopene	1 mg (1,000 mcg)	†
Zeaxanthin Complex	200 mcg	†

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.