SUGGESTED USE Consume one capsule daily with food, preferably a complete meal. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION ZERO CARBON FOOTPRINT



QUESTIONS? REORDERS?

800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs Henderson, NV 89011





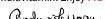
Gluten-Free Dairy-Free NON-GMO Additive-Free No Fillers

Easy-to-Swallow

Full B-Complex Pyridoxal Phosphate Methyl B12 Methyl Folate Coenzyme Q-10 K2 MK-7 Lutein Lycopene Zeaxanthin

360 Capsules · Dietary Supplement

Since 1979. ESSENTIAL 1 has been the world's most Supplement Facts advanced multivitamin. After almost half a century of consistent updates, I felt that Essential 1 had earned a more distinctive name. It is now **nuoncemax**. It remains the only true alternative to the additives and inferior ingredients of all other multivitamins. Our easy-toswallow capsule contains no manufacturing additives and is always gentle to the stomach. All key nutrients are present in their proper forms and optimum levels. **nuoncemax** provides 1000 IU of Vitamin D3, plus a full B-Complex, including naturally active Methyl B12, 5-Methyl Folate, Pyridoxal 5'-Phosphate, meaningful levels of Biotin and non-acidic Vitamin C. We provide all critical carotenoids; Lutein, Lycopene and Zeaxanthin, along with the heart, energy and bone benefits of CoQ10 and Vitamin K2 MK-7. **nuoncemax** retains all the purity, convenience and affordability of **Essential 1** without the additives and other problems of hard-to-swallow and difficult-to-digest multivitamin tablets or even worse, deceptive calorie-laden gummies. Experience the world's finest multivitamin. Enjoy **nuoncemax!**



andrew Lessman Founder ProCaps Labs

CONTAINS NO ADDITIVES OR COMMONALLERGENS OF ANY KIND

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts Servings Per Container 36		
Amount Per Serving		% DV
Vitamin A (as natural beta carotene) 200	mcg RAE (667 IU)	229
Vitamin C (as calcium ascorbate)	200 mg	2229
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	1259
Vitamin E (as natural d-alpha tocopheryl succin	ate) 40 mg (60 IU)	2679
Vitamin B1 (as thiamin hydrochloride)	10 mg	8339
Vitamin B2 (as riboflavin)	10 mg	7699
Niacin (as niacinamide)	20 mg	1259
Pantothenic Acid (as calcium pantothenate	e) 20 mg	4009
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588
Vitamin B12 (as methylcobalamin - protected C	oenzyme B12) 100 mcg	4,167
Folate (as L-5-methyltetrahydrofolate)	400 mcg DFE	1009
Biotin	1,200 mcg	4,000
Calcium (as calcium ascorbate/carbonate)	80 mg	6
Magnesium (as magnesium oxide)	40 mg	109
Zinc (as zinc citrate/oxide)	12 mg	109
Selenium (as sodium selenite)	120 mcg	218
Copper (as copper citrate)	1 mg (1,000 mcg)	111
Manganese (as manganese citrate)	2.3 mg (2,300 mcg)	100
Chromium (as chromium picolinate)	100 mcg	286
Molybdenum (as molybdenum glycinate)	50 mcg	111
Coenzyme Q-10 (natural ubiquinone)	10 mg	t
Vitamin K2 MK-7 (as menaquinone-7)	40 mcg	t
Lutein	1 mg (1,000 mcg)	t
Lycopene	1 mg (1,000 mcg)	†
Zeaxanthin Complex	200 mcg	t

Percent Daily Values (% DV), † Daily Value not established

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.