

**SUGGESTED USE** Consume one capsule daily with food, preferably a complete meal. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**  
**100% SOLAR PRODUCTION**  
**ZERO CARBON FOOTPRINT**



**QUESTIONS? REORDERS?**  
**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs**  
**Henderson, NV 89011**



**ESSENTIAL 1.**  
**nuonce**  
**max**  
**daily multivitamin**  
**+ minerals**  
**+ carotenoids**  
**1,000 IU Vitamin D3**



**Gluten-Free**  
**Dairy-Free**  
**NON-GMO**  
**Additive-Free**  
**No Fillers**  
**Easy-to-Swallow**

**Full B-Complex**  
**Pyridoxal Phosphate**  
**Methyl B12**  
**Methyl Folate**  
**Coenzyme Q-10**  
**K2 MK-7**  
**Lutein**  
**Lycopene**  
**Zeaxanthin**

**360 Capsules • Dietary Supplement**

Since 1979, **ESSENTIAL 1** has been the world's most advanced multivitamin. After almost half a century of consistent updates, I felt that **Essential 1** had earned a more distinctive name. It is now **nuoncemax**. It remains the only true alternative to the additives and inferior ingredients of all other multivitamins. Our easy-to-swallow capsule contains no manufacturing additives and is always gentle to the stomach. All key nutrients are present in their proper forms and optimum levels. **nuoncemax** provides 1000 IU of Vitamin D3, plus a full B-Complex, including naturally active Methyl B12, 5-Methyl Folate, Pyridoxal 5'-Phosphate, meaningful levels of Biotin and non-acidic Vitamin C. We provide all critical carotenoids; Lutein, Lycopene and Zeaxanthin, along with the heart, energy and bone benefits of CoQ10 and Vitamin K2 MK-7. **nuoncemax** retains all the purity, convenience and affordability of **Essential 1** without the additives and other problems of hard-to-swallow and difficult-to-digest multivitamin tablets or even worse, deceptive calorie-laden gummies. Experience the world's finest multivitamin. Enjoy **nuoncemax**!

*Andrew Lessman* | **Andrew Lessman**  
Founder ProCaps Labs

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND**  
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts			Serving Size 1 Capsule
			Servings Per Container 360
Amount Per Serving		% DV*	
Vitamin A (as natural beta carotene)	200 mcg RAE (667 IU)	22%	
Vitamin C (as calcium ascorbate)	200 mg	222%	
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	125%	
Vitamin E (as natural d-alpha tocopheryl succinate)	40 mg (60 IU)	267%	
Vitamin B1 (as thiamin hydrochloride)	10 mg	833%	
Vitamin B2 (as riboflavin)	10 mg	769%	
Niacin (as niacinamide)	20 mg	125%	
Pantothenic Acid (as calcium pantothenate)	20 mg	400%	
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%	
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	4,167%	
Folate (as L-5-methyltetrahydrofolate)	400 mcg DFE	100%	
Biotin	1,200 mcg	4,000%	
Calcium (as calcium ascorbate/carbonate)	80 mg	6%	
Magnesium (as magnesium oxide)	40 mg	10%	
Zinc (as zinc citrate/oxide)	12 mg	109%	
Selenium (as sodium selenite)	120 mcg	218%	
Copper (as copper citrate)	1 mg (1,000 mcg)	111%	
Manganese (as manganese citrate)	2.3 mg (2,300 mcg)	100%	
Chromium (as chromium picolinate)	100 mcg	286%	
Molybdenum (as molybdenum glycinate)	50 mcg	111%	
Coenzyme Q-10 (natural ubiquinone)	10 mg	†	
Vitamin K2 MK-7 (as menaquinone-7)	40 mcg	†	
Lutein	1 mg (1,000 mcg)	†	
Lycopene	1 mg (1,000 mcg)	†	
Zeaxanthin Complex	200 mcg	†	
* Percent Daily Values (% DV). † Daily Value not established.			
Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.			