

SUGGESTED USE Consume two capsules daily. You can increase or decrease your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

NOTE This product contains a small amount of natural caffeine-related compounds and is not intended for children, those sensitive to caffeine or pregnant or nursing women.

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT



QUESTIONS? REORDERS?
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs
Henderson, NV 89011



ANDREW LESSMAN



ENERGY & FAT METABOLISM FACTORS™

Comprehensive Nutrient Support
Promotes Optimum Metabolic Activity



ENERGY & FAT METABOLISM FACTORS is designed to safely enhance energy and fat burning metabolism while also combatting fatigue and promoting feelings of well-being. Most importantly, it does so without deceptive or harmful ingredients. Our comprehensive fat-burning support begins with high levels of Carnitine, which is essential for all fat-burning metabolism. We also include Lysine and Vitamin C to further support the body's internal production of carnitine. It provides our unique B-Complex, including our absorption protected Methyl B12. We also provide extracts of Green Tea and Guarana as natural sources of caffeine-related compounds. These mild "stimulating" botanicals have a history of traditional use to enhance energy and well-being. To combat fatigue and promote feelings of well-being, we also include standardized extracts of the adaptogens Panax Ginseng, Eleutherococcus and Ashwagandha. These plant extracts have long been used to support the body's ability to adapt and recover from fatigue and physical and mental stress, including diet, exercise and weight-loss. We also include the branched chain amino acids (Leucine, Isoleucine and Valine) because of their role in preserving muscle during exercise. This comprehensive list of more than a dozen nutrients and botanical extracts can help compensate for the metabolic challenges and fatigue that can accompany diet, exercise and caloric reduction. In short, **Energy and Fat Metabolism Factors** provides comprehensive natural support to safely optimize weight-loss when following a sensible regime of diet and exercise.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving	% DV*
Vitamin C (as calcium ascorbate/palmitate)	60 mg 67%
Vitamin B1 (as thiamin hydrochloride)	5 mg 417%
Vitamin B2 (as riboflavin)	5 mg 385%
Niacin (as niacinamide/chromium nicotinate)	5 mg 31%
Pantothenic Acid (as calcium pantothenate)	20 mg 400%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg 294%
Vitamin B12 (as methylcobalamin)	50 mcg 2,083%
Chromium (as chromium nicotinate)	50 mcg 143%
Green Tea, extract (leaf) standardized to 25% polyphenols/20% caffeine	500 mg †
L-Carnitine (as acetyl-L-carnitine hydrochloride)	200 mg †
Guarana, extract (seed), standardized to 22% caffeine	100 mg †
L-Lysine Hydrochloride	50 mg †
Ashwagandha, extract (root) standardized to 5% withanolides	40 mg †
Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	40 mg †
Eleuthero, extract (root) standardized to 0.8% eleutherosides	40 mg †
Branched Chain Amino Acid Complex (leucine, isoleucine, valine)	30 mg †
Boron (as boron glycinate)	100 mcg †

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.