

**SUGGESTED USE** Consume one capsule daily with food, preferably a complete meal. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**  
**100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT**



**QUESTIONS? REORDERS?**  
**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs  
Henderson, NV 89011**



**ESSENTIAL 1.**  
**nuonce**  
**max**  
daily multivitamin  
+ minerals  
+ carotenoids



Gluten-Free  
Dairy-Free  
NON-GMO  
Additive-Free  
No Fillers  
**Easy-to-Swallow**

**2,000 IU Vitamin D3  
+ 100 mg CoQ10**

Full B-Complex  
Pyridoxal Phosphate  
Methyl B12  
Methyl Folate  
K2 MK-7  
Lutein  
Lycopene  
Zeaxanthin

**360 Capsules • Dietary Supplement**

Since 1979, **ESSENTIAL 1** has been the world's most advanced multivitamin. After almost half a century of consistent updates, I felt that **Essential 1** had earned a more distinctive name. It is now **nuoncemax**. It remains the only true alternative to the additives and inferior ingredients of all other multivitamins. Our easy-to-swallow capsule contains no manufacturing additives and is always gentle to the stomach. All key nutrients are present in their proper forms and optimum levels. **nuoncemax + CoQ10** adds 100 mg of our unique CoQ10 to the 2000 IU of Vitamin D3 and full B-Complex, including naturally active Methyl B12, 5-Methyl Folate, Pyridoxal 5'-Phosphate, meaningful levels of Biotin and non-acidic Vitamin C. We provide all critical carotenoids; Lutein, Lycopene and Zeaxanthin, along with the heart and bone benefits of Vitamin K2 MK-7. **nuoncemax + CoQ10** retains all the purity, convenience and affordability of **Essential 1 + CoQ10** without the additives and other problems of hard-to-swallow and difficult-to-digest multivitamin tablets or even worse, deceptive calorie-laden gummies. Experience the world's finest multivitamin. Enjoy **nuoncemax + CoQ10!**

*Andrew Lessman* | Andrew Lessman  
Founder ProCaps Labs

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND**  
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts		Serving Size 1 Capsule
		Servings Per Container 360
Amount Per Serving		% DV*
Vitamin A (as natural beta carotene)	200 mcg RAE (667 IU)	22%
Vitamin C (as calcium ascorbate/palmitate)	200 mg	222%
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as natural d-alpha tocopheryl succinate)	40 mg (60 IU)	267%
Vitamin B1 (as thiamin hydrochloride)	10 mg	833%
Vitamin B2 (as riboflavin)	10 mg	769%
Niacin (as niacinamide/chromium nicotinate)	20 mg	125%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100mcg	4,167%
Folate (as L-5-methyltetrahydrofolate)	400 mcg DFE	100%
Biotin	1,200 mcg	4,000%
Calcium (as calcium ascorbate/carbonate)	50 mg	4%
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc citrate/oxide)	12 mg	109%
Selenium (as sodium selenite)	120 mcg	218%
Copper (as copper citrate)	1 mg (1,000 mcg)	111%
Manganese (as manganese citrate)	2.3 mg (2,300 mcg)	100%
Chromium (as chromium nicotinate)	100 mcg	286%
Molybdenum (as molybdenum glycinate)	50 mcg	111%
Coenzyme Q-10 (natural ubiquinone)	100 mg	†
Vitamin K2 MK-7 (as menaquinone-7)	40 mcg	†
Boron (as potassium borate)	50 mcg	†
Vanadium (as vanadyl sulfate)	120 mcg	†
Lutein	1 mg (1,000 mcg)	†
Lycopene	1 mg (1,000 mcg)	†
Zeaxanthin Complex	500 mcg	†

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.