

# BONE & BODY FACTORS

**Bone and Body Factors** is designed to conveniently and economically offer women the combined benefits of our Calcium-Magnesium Intensive Care, Women's Wellness and more. The combination of "super soluble" forms of Calcium (500 mg) with Magnesium (250 mg), Vitamin D3 (1,000 IU), Vitamin C and Boron create our most comprehensive formula for achieving optimum skeletal maintenance, protection, support and growth. Calcium and Magnesium are two of the most abundant and vital minerals in your skeleton, but are lacking from the typical American diet, making supplementation a very important decision. Moreover, because Calcium can be so difficult to absorb – particularly as we get older – we provide special micro-granulated "super-soluble" forms of this critical building block for strong, healthy bones. We also include Vitamin D3, since it is absolutely essential for Calcium absorption, along with the trace mineral Boron, since it is required for skeletal tissue.

For thousands of years, Soy has long been a staple food in the healthy Asian diet and **Bone and Body Factors** delivers our highest levels – 70 mg of Soy Isoflavones, including Genistein, Genistin, Daidzein and Daidzin with their well-established hormone-balancing benefits. These Isoflavones offer exceptional natural support throughout all stages of a woman's life, particularly with the challenging symptoms associated with the normal transitions of menopause, perimenopause and even PMS. Not only are these Isoflavones natural "phytoestrogens," but they also offer exceptional antioxidant benefits and further support to the skeleton. We also include concentrated levels of standardized water-extracted Green Tea with its powerful antioxidant polyphenols and catechins, including EGCG (125 mg), the molecule primarily responsible for the myriad of health benefits associated with Green Tea, to support several body systems, including the heart, liver and delicate tissues of the breast. **Bone and Body Factors** also provides Sulforaphane and Indole-3-Carbinol, two beneficial natural components from cruciferous vegetables (broccoli, cauliflower, Brussels sprouts, etc). Sulforaphane is thought to be principally responsible for the antioxidant and health benefits associated with broccoli, and Indole-3-Carbinol has been shown to support and maintain the health of the breast and may also help to maintain normal estrogen activity. **Bone and Body Factors** also provides our highly standardized concentrate of Cranberry to deliver powerful antioxidant and urinary tract support. In addition, we include the important carotenoids Lutein, Lycopene and Zeaxanthin which deliver powerful antioxidant benefits to certain vital organs, including the skin, eye and breast tissue. We also include high levels of Folate (as 5-MTHF) and Vitamin B12 to provide healthy support to a woman's energy, nervous, reproductive and circulatory systems. In short, **Bone and Body Factors** offers comprehensive, convenient and economical daily support for the most important tissues, organs and systems that affect the quality of a woman's experience and passage through life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



### The Perma-Fresh Packet.

To retain potency, vitamins must be protected from light, moisture and oxygen. Sadly, ordinary packaging materials do not effectively do so. Our unique Perma-Fresh Packet is constructed from multiple layers of specialized materials to safeguard the potency of your vitamins and provide the protection they, and you, deserve.

For over 45 years, **ProCaps Laboratories** have been producing exceptionally pure and effective products to meet the uncompromising standards of health-conscious individuals and medical professionals. **ProCaps** is one of very few companies that actually make their own products and do so in their own US-based, 100% solar-powered facility. The **ProCaps** facility is among the world's largest private solar installations, possessing zero carbon footprint, which makes **ProCaps** products perfect for both you *and* the planet.

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**  
100% SOLAR PRODUCTION · ZERO CARBON FOOTPRINT



**QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM**

Manufactured by ProCaps Labs, Henderson, NV 89011



The Informed Choice. Since 1979.

# BONE & BODY FACTORS™

All the benefits of  
**WOMEN'S WELLNESS™**  
**CALCIUM-MAGNESIUM INTENSIVE CARE™**  
and more



**60 PERMA-FRESH PACKETS™**

Dietary Supplement  
**240** Easy-to-Swallow Capsules

**SUGGESTED USE** Consume one packet (4 capsules) daily—preferably with food. You can decrease your intake based upon your needs and as guided by your health care provider. **For questions about the use of this product call 800.800.1200.**

## Supplement Facts

Serving Size 1 Packet (4 Capsules)	Servings Per Container 60	
Amount Per Packet		% DV*
Vitamin C (as as calcium ascorbate/palmitate)	30 mg	33%
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	4,167%
Folate (as L-5-methyltetrahydrofolate)	133 mcg DFE	33%
Calcium (as calcium malate/carbonate/ascorbate)	500 mg	38%
Magnesium (as magnesium oxide)	250 mg	60%
Soybean, extract (ultra-concentrate) standardized to 40% isoflavones	175 mg	†
Genistein/Genistin	28-40 mg	
Daidzein/Daidzin	26-40 mg	
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg	†
Epigallocatechin Gallate	125 mg	
Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate	250 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	50 mg	†
Indole-3-Carbinol	75 mg	†
Boron (as boron glycinate)	1.5 mg (1,500 mcg)	†
Lutein	2 mg (2,000 mcg)	†
Lycopene	1 mg (1,000 mcg)	†
Zeaxanthin	400 mcg	†

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

**CONTAINS NO** Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, genetically modified (GMO) ingredients or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND**