**SUGGESTED USE** Consume one capsule daily with food, preferably a complete meal. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION ZERO CARBON FOOTPRINT



## **QUESTIONS? REORDERS?**

800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs Henderson, NV 89011





+ carotenoids



Pyridoxal Phosphate

Full B-Complex





Gluten-Free Dairy-Free NON-GMO Additive-Free No Fillers

Methyl B12 Methyl Folate Coenzyme Q-10 K2 MK-7 Lutein Lycopene Easy-to-Swallow Zeaxanthin

360 Capsules · Dietary Supplement

## CONTAINS NO ADDITIVES OR COMMONALLERGENS OF ANY KIND

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Since 1979, <b>Essential 1</b> has been the world's most	Supplement Facts Serving Size Servings Per Con	1 Capsule
advanced multivitamin. After almost half a century of	Amount Per Serving	% DV*
consistent updates, I felt that <b>Essential 1</b> had earned a	Vitamin A (as natural beta carotene) 200 mcg RAE (667 IU)	22%
more distinctive name. It is now <b>nuoncemax</b> . It	Vitamin C (as calcium ascorbate) 200 mg	222%
remains the only true alternative to the additives and	Vitamin D3 (as cholecalciferol) 50 mcg (2,000 IU)	250%
,	Vitamin E (as natural d-alpha tocopheryl succinate) 40 mg (60 IU)	267%
inferior ingredients of all other multivitamins. Our easy-to-	Vitamin B1 (as thiamin hydrochloride) 10 mg	833%
swallow capsule contains no manufacturing additives and	Vitamin B2 (as riboflavin) 10 mg	769%
is always gentle to the stomach. All key nutrients are	Niacin (as niacinamide/chromium nicotinate) 20 mg	125%
present in their proper forms and optimum levels.	Pantothenic Acid (as calcium pantothenate) 20 mg	400%
nuoncemax provides 2000 IU of Vitamin D3, plus a	Vitamin B6 (as pyridoxal 5'-phosphate) 10 mg Vitamin B12 (as methylcobalamin - protected Coenzyme B12) 100 mcg	588% 4,167%
	Folate (as L-5-methyltetrahydrofolate) 400 mcg DFE	100%
full B-Complex, including naturally active Methyl B12,		4.000%
5-Methyl Folate, Pyridoxal 5'-Phosphate, meaningful levels	Calcium (as calcium ascorbate/carbonate) 80 mg	6%
of Biotin and non-acidic Vitamin C. We provide all critical	Magnesium (as magnesium oxide) 40 mg	10%
carotenoids; Lutein, Lycopene and Zeaxanthin, along with	Zinc (as zinc citrate/oxide) 12 mg	109%
the heart, energy and bone benefits of CoQ10 and	Selenium (as sodium selenite) 120 mcg	218%
, 0,	Copper (as copper citrate) 1 mg (1,000 mcg)	111%
Vitamin K2 MK-7. <b>nuoncemax</b> retains all the purity,	Manganese (as manganese citrate) 2.3 mg (2,300 mcg)	100%
convenience and affordability of Essential 1 without the	Chromium (as chromium nicotinate) 100 mcg	286%
additives and other problems of hard-to-swallow and	Molybdenum (as molybdenum glycinate) 50 mcg	111%
difficult-to-digest multivitamin tablets or even worse,	Coenzyme Q-10 (natural ubiquinone) 10 mg	
deceptive calorie-laden gummies. Experience the world's	Vitamin K2 MK-7 (as menaquinone-7) 40 mcg	<u>†</u>
	Boron (as potassium borate) 50 mcg	
finest multivitamin. Enjoy <b>nuoncemax</b> !	Vanadium (as vanadyl sulfate) 120 mcg	<u>†</u>
andrew Lessman Founder ProCaps Labs	Lutein 1 mg (1,000 mcg)	
Founder ProCaps Labs	Lycopene 1 mg (1,000 mcg) Zeaxanthin Complex 500 mcg	†
CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND		<u>†</u>
The second state of the se	* Percent Daily Values (% DV). † Daily Value not established.	

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.