

## WOMEN’S ELITE 200

**Elite 200** is an ultra-high-potency multi-vitamin-mineral-carotenoid formula with the added benefits of botanicals and nutraceuticals. **Elite 200** is uniquely pure and contains only the nutrients you desire without the additives of all other multivitamins. **Elite 200** comes in small, easy-to-swallow capsules guaranteed gentle to even sensitive stomachs. **Elite 200** provides all the benefits you seek without any of the unpleasant problems associated with the use of other multivitamins.

**Elite 200** contains 2,000 IU of Vitamin D3, plus high levels of all B-Complex vitamins, including 2,000 mcg of Biotin (the beauty vitamin), 500 mcg of our absorption-protected methylcobalamin (natural vitamin B12), pyridoxal 5'-phosphate form of B6, along with 800 mcg of our unique 5-MTHF (methyl folate) in place of ordinary and less active folic acid. We also provide 1,000 mg of non-acidic Vitamin C, 400 IU of natural vitamin E, as well as high levels of the key protective carotenoids typically absent from multivitamins, including Lutein (9,000 mcg), Lycopene (9,000 mcg) and Zeaxanthin (4,500 mcg). In short, **Elite 200** provides the nutrients you require at levels and forms that respect both you and the science.

The “200” in **Elite 200** refers to the 200 mg of six vital ingredients:  
Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG, Pomegranate and Citrus Bioflavonoids.

**Coenzyme Q-10 (CoQ10) – 200 mg** CoQ10 is a powerful protective compound required for all energy production. It is required at high concentrations in key organs (heart, brain, liver and kidneys) to ensure optimum function. Despite its importance, CoQ10 levels decrease with age, stress, medications, poor diet and even physical activity making supplementation essential.

**Resveratrol – 200 mg** Resveratrol has long been the focus of extensive anti-aging research. It is among the most powerful protective compounds and associated with the extensive benefits of the Mediterranean diet.

**Pomegranate (40% Ellagic Acid and Punicalagins) – 200 mg** Pomegranate has long been referred to as *sacred fruit*. Unlike pomegranate juice, our formula is standardized to deliver its beneficial compounds without sugar and calories.

Our **ELITE 200** formula also delivers high levels of phytonutrients and protective compounds from nine other established natural ingredients, including extracts of **Bilberry, Blueberry, Curcumin, Broccoli, Wasabi, Mustard Seed, Pine Bark, Grape Seed** and **Apple**. Each of these standardized extracts of long-respected natural ingredients has been the subject of extensive scientific inquiry validating their benefits and importance to any comprehensive health and anti-aging regimen.

Our **ELITE 200** formula delivers the nutrition you seek without hard-to-swallow and difficult-to-digest tablets. We use only easy-to-swallow capsules containing pure, ultra-fine, additive-free powders to ensure a perfect experience with no stomach upset. Also, unlike typical multi-vitamins that ignore the current science, **Elite 200** provides the most comprehensive list of vitamins, minerals, carotenoids, phytonutrients and nutraceuticals at levels that respect both you and the scientific literature.

These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.



### The Perma-Fresh Packet.

To retain potency, vitamins must be protected from light, moisture and oxygen. Sadly, ordinary packeting materials do not effectively do so. Our unique Perma-Fresh Packet is constructed from multiple layers of specialized materials to safeguard the potency of your vitamins and provide the protection they, and you, deserve.

For over 40 years, **ProCaps Laboratories** have been producing exceptionally pure and effective products to meet the uncompromising standards of health-conscious individuals and medical professionals. **ProCaps** is one of very few companies that actually make their own products and do so in their own US-based, 100% solar-powered facility. The **ProCaps** facility is among the world’s largest private solar installations, possessing zero carbon footprint, which makes **ProCaps** products perfect for both you *and* the planet.

Since 1979, Unsurpassed Purity, Quality and Efficacy.  
100% SOLAR PRODUCTION · ZERO CARBON FOOTPRINT



QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs, Henderson, NV 89011

PROCAPS

The Informed Choice. Since 1979.

## WOMEN’S ELITE 200™

HIGH POTENCY VITAMINS  
MINERALS · CAROTENOIDS

Uniquely Pure · Additive-Free  
Small Capsules · No Stomach Upset

200 mg Coenzyme Q-10 · 200 mg Alpha Lipoic Acid

200 mg Resveratrol · 200 mg EGCG

200 mg Pomegranate · 200 mg Citrus Bioflavonoids

9,000 mcg Lutein · 9,000 mcg Lycopene · 4,500 mcg Zeaxanthin



30 PERMA-FRESH  
PACKETS™

Dietary Supplement  
240 Easy-to-Swallow Capsules

**SUGGESTED USE** Consume the contents of one packet daily with food – preferably a complete meal. You can consume your daily supply at one time with a single meal or divide it to be taken with food throughout the day.  
**For questions about the use of this product call 800.800.1200.**

### Supplement Facts

Amount Per Packet	Serving Size 1 Packet (8 Powder Capsules)	% DV*
	Servings Per Container 30	
Vitamin A (as natural beta carotene)	300 mcg RAE (1,000 IU)	33%
Vitamin C (as Ca and Mg ascorbate/palmitate)	1,000 mg	1,111%
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as natural d-alpha tocopheryl succinate)	268 mg (400 IU)	1,787%
Vitamin B1 (as thiamin hydrochloride)	25 mg	2,083%
Vitamin B2 (as riboflavin)	25 mg	1,923%
Niacin (as niacinamide/chromium nicotinate)	25 mg	156%
Pantothenic Acid (as calcium pantothenate)	25 mg	500%
Vitamin B6 (as pyridoxal 5'-phosphate)	25 mg	1,471%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	500 mcg	20,833%
Folate (as L-5-methyltetrahydrofolate)	800 mcg DFE	200%
Biotin	2,000 mcg	6,667%
Calcium (as ascorbate/malate/carbonate)	400 mg	31%
Magnesium (as ascorbate/oxide)	200 mg	48%
Zinc (as zinc citrate)	30 mg	273%
Selenium (as sodium selenite)	200 mcg	364%
Copper (as copper citrate)	2 mg	222%
Manganese (as manganese citrate)	2.3 mg	100%
Chromium (as chromium nicotinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate)	75 mcg	167%
Boron (as boron glycinate)	1,000 mcg	†
Vanadium (as vanadyl sulfate)	50 mcg	†
Lutein	9 mg (9,000 mcg)	†
Lycopene	9 mg (9,000 mcg)	†
Zeaxanthin Complex	4.5 mg (4,500 mcg)	†
Alpha Lipoic Acid	200 mg	†
Coenzyme Q-10 (Natural Ubiquinone)	200 mg	†
Green Tea, extract (leaf), standardized to 98% polyphenols	400 mg	†
Epigallocatechin Gallate	200 mg	†
Pomegranate Blend, extract (fruit), 40% punicalagins and ellagic acid	200 mg	†
Resveratrol (from Polygonum cuspidatum (root) extract)	200 mg	†
Citrus Bioflavonoid Complex, (fruit), standardized to 80% bioflavonoids	200 mg	†
Bilberry Blend, extract (fruit), standardized to 10%/25% anthocyanins	100 mg	†
Blueberry, extract (fruit), standardized to 12% anthocyanins	25 mg	†
Apple, extract (fruit), standardized to 75% polyphenols	25 mg	†
Broccoli, extract (sprout/seed), standardized to 1.2% sulforaphane glucosinolate	25 mg	†
Pine Bark, extract (bark), standardized to 95% proanthocyanidins	25 mg	†
Grape Seed, extract (seed), standardized to 80% polyphenols	25 mg	†
Wasabi, extract (root), standardized to 0.75% glucosinolates	25 mg	†
Mustard Seed, extract (seed), standardized to 10% glucosinolates	25 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	25 mg	†
Branched Chain Amino Acid Complex ( as leucine/valine)	50 mg	†

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.  
**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, cholesterol, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergens, color, flavor, sweetener, preservative or genetically modified (GMO) ingredients.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**