SUGGESTED USE Consume one capsule daily. You can increase your intake as required or as guided by your physician. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION ZERO CARBON FOOTPRINT



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CRUCIFEROUS EXTRACTS

Broccoli · Red Cabbage · Wasabi Mustard Seed · Kale · Brussels Sprouts



CRUCIFEROUS EXTRACTS is a unique combination of powerful extracts from what are now accepted as the healthiest of vegetables - cruciferous. Cruciferous vegetables are the healthy vegetables children love to hate and sadly, they don't fare much better with adults. Given our limited consumption of these vegetables, a supplement is the only other means of enjoying their remarkable benefits. Our formula delivers standardized extracts of key compounds

from a wide variety of cruciferous vegetables, including broccoli,

Supplement Facts wasabi. The most important of these cruciferous extracts are the glucosinolates, including sulforaphane. Glucosinolates are a very broad family of extremely beneficial compounds that give cruciferous vegetables their characteristic taste and are responsible for their health benefits. Five of the six extracts in this formula (Broccoli, Brussels Sprouts, Kale, Wasabi and Mustard Seed) are standardized for high levels of glucosinolates, including the remarkable 10% level found in our Mustard Seed Extract. Our Broccoli Extract is our most potent ever at an amazing standardization of 1.2% sulforaphane glucosinolate, the compound attributed with broccoli's long list of health benefits. We round out the formula with an extract of Red Cabbage standardized for high levels of polyphenols and anthocyanins.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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e	Serving Size 1 Capsule Servings Per Container 3		
s	Amount Per Serving		% DV*
s S	Vitamin C (as calcium ascorbate/palmita	ate) 30 mg	33%
d	Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane g	80 mg ucosinolate	†
s d	Red Cabbage, extract (leaf) standardized to 20% polyphenols/7.	80 mg 5% anthocyanins	†
3,	Mustard Seed, extract (seed) standardized to 10% glucosinolates	40 mg	†
d n	Wasabi, extract (root) standardized to 0.75% glucosinolates	20 mg	†
е	Brussels Sprouts, powder (sprout) standardized to 0.3% glucosinolates	20 mg	†
s. e	Kale, powder (leaf) standardized to 0.2% glucosinolates	20 mg	t
	Total Glucosinolates: 8	mg (8,000 mc	cg) †

Other Ingredients: Natural plant cellulose vegetarian capsule. CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.

* Percent Daily Values (% DV). † Daily Value not established.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS