

TYPE 2 0 G ADDED SUGAR
1 G TOTAL SUGAR

secure®

complete meal replacement bar

Gluten-Free • Vegan
Dairy-Free • Non-GMO

Coconut
Almond
Cookie
Crunch

16 Vitamins & Minerals
50% RDI of 9 Vitamins
200% RDI of B12 & Biotin

7 g Protein
4 g Fiber

0 g Trans Fat
0 mg Cholesterol

12 bars

150 Calories per bar • 7 g Protein • 4 g Fiber

12 - 1.06 oz (30 g) BARS
Net Wt. 12.7 oz (360 g)

Nutrition Facts

12 servings per box

Serving size

1 bar (30 g)

Amount per serving

Calories

150

% Daily Value*

Total Fat 10 g **13%**

Saturated Fat 2 g **10%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 125 mg **5%**

Total Carbohydrate 10 g **4%**

Dietary Fiber 4 g **14%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

Protein 7 g

Vitamin D3 10 mcg (400 IU) **50%**

Calcium 80 mg **6%**

Iron 1 mg **6%**

Potassium 146 mg **4%**

Vitamin C 50 mg **50%**

Vitamin E 7.5 mg (11 IU) **50%**

Vitamin B1 0.6 mg **50%**

Vitamin B2 0.65 mg **50%**

Niacin 8 mg **50%**

Pantothenic Acid 2.5 mg **50%**

Vitamin B6 0.85 mg **50%**

Vitamin B12 4.8 mcg **200%**

Folate 200 mcg DFE **50%**

Biotin 60 mcg **200%**

Magnesium 40 mg **10%**

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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TYPE 2 secure Complete Meal Replacement Bars are delicious, nutritious, economical and above all, exceptionally low in sugar. Each 150-calorie bar contains zero grams added sugar and barely 1 gram total sugar while also providing 7 g of protein and 50% to 200% of all key vitamins, including all B-vitamins, plus vitamins C, D and E. **TYPE 2 secure** is designed to support healthy blood sugar while also avoiding blood sugar spikes. It is formulated for those directed to or seeking to reduce sugar intake. **TYPE 2 secure** will be the most delicious meal replacement or protein bar you have ever tasted. It will both satisfy your appetite and the most demanding nutrient requirements. Each bar is also a rich source of prebiotic fiber to support a healthy microbiome, as well as beneficial medium chain triglycerides (MCTs).

Meal replacements have been long established as an extremely reliable weight management tool, but sadly, typical meal replacements are rarely enjoyable and barely healthy. **TYPE 2 secure** reinvents the experience and advances the science of meal replacements making them just as delicious and enjoyable as they are nutritious and healthy. *Enjoy!*

Ingredients: Almonds, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Glycerin, Coconut, Cocoa Butter, Natural Flavors, Soy Lecithin, Sea Salt, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Stevia Extract. **Contains: Soy, Almonds and Coconut. Produced in a facility that also processes other tree nuts and peanuts. Not a low calorie food.**