

SUGGESTED USE Consume one capsule daily. You can increase or decrease your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
**100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT**



QUESTIONS? REORDERS?
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs
Henderson, NV 89011



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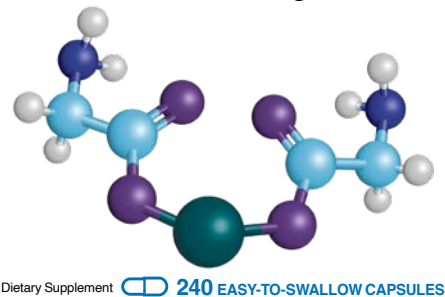


ANDREW LESSMAN



MAGNESIUM BISGLYCINATE

Calm • Relax • Sleep Support
Mild Ultra-Soluble Magnesium



MAGNESIUM BISGLYCINATE is a gentle, but highly bioavailable form of magnesium known for its potential to calm, relax and support healthy sleep. **Magnesium Bisglycinate** is a unique form of magnesium bound to the amino acid glycine, which both enhances its absorption and eliminates the likelihood of stomach upset. Magnesium is among the most important minerals in the human body and is required for a myriad of internal chemical reactions, including all energy production. Adequate levels of magnesium are essential for muscular contraction and healthy cardiac rhythm, as well as all nerve conduction and brain function. It is therefore not surprising that a specific form of magnesium can play a supportive role in relaxation, calming and sleep. Sadly, the American diet lacks magnesium-rich foods and standard magnesium supplements are not in a beneficial form and can cause stomach discomfort. Our **Magnesium Bisglycinate** is the perfect choice for those seeking a calming, relaxing magnesium supplement that also supports healthy sleep and does so without stomach upset.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts		Serving Size 1 Capsule Servings Per Container 240	
Amount Per Serving		% DV*	
Magnesium	70 mg	17%	
as Magnesium Bisglycinate 600 mg			

* Percent Daily Values (% DV).
Other Ingredients: Natural plant cellulose vegetarian capsule.
CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.