

SUGGESTED USE Consume two capsules daily. You can increase or decrease your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.

**100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT**

PROCAPS

QUESTIONS? REORDERS?

800.800.1200 PROCAPS.COM

**Manufactured by ProCaps Labs
Henderson, NV 89011**

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Dietary Supplement



360 EASY-TO-SWALLOW CAPSULES



ANDREW LESSMAN

PROCAPS



BREAST HEALTH™

Protective Phytonutrients
Indole-3-Carbinol • Sulforaphane



BREAST HEALTH is designed to support the health of the delicate tissues of a woman's breast. We start with indole-3-carbinol, naturally found in cruciferous vegetables, which helps support and maintain the health of the breast along with normal estrogen activity in breast tissue. We then add sulforaphane, another ingredient from healthy cruciferous vegetables, which, among many beneficial properties, promotes the body's internal production of one of its most important protective compounds - glutathione. We include green tea extract, which is standardized to provide high levels of its most important protective polyphenols, including all-important epigallocatechin gallate (EGCG). We also add the three protective carotenoids: lutein, lycopene and zeaxanthin, given their high concentration in female reproductive and breast tissue. We also add the additional protection of OPCs (oligomeric proanthocyanidins) from our standardized grape seed extract, along with our turmeric extract and its standardized curcumin-phospholipid complex. We support these plant-based ingredients with vitamins D and C, along with our unique absorption-protected methylcobalamin (natural coenzyme vitamin B12) and methyl folate. The end result is a comprehensive array of standardized, plant-based ingredients and nutrients that provide unprecedented support for the health of the fragile tissues of a woman's breast.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving		% DV*
Vitamin C (as calcium ascorbate)	100 mg	111%
Vitamin D ₃ (as cholecalciferol)	2.5 mcg (100 IU)	13%
Vitamin B12 (as methylcobalamin)	50 mcg	2,083%
Folate (as L-5-methyltetrahydrofolate)	67 mcg DFE	17%
Calcium (as Ca carbonate/ascorbate)	50 mg	4%
Green Tea, extract (leaf)	250 mg	†
standardized to 98% polyphenols Epigallocatechin Gallate	125 mg	
Indole-3-Carbinol	150 mg	†
Broccoli, extract (sprout/seed)	75 mg	†
standardized to 1.2% sulforaphane glucosinolate		
Grape Seed, extract (seed)	40 mg	†
standardized to 80% polyphenols		
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	40 mg	†
Lutein	3 mg (3,000 mcg)	†
Lycopene	3 mg (3,000 mcg)	†
Zeaxanthin	600 mcg	†

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.