

WOMEN'S FOUNDER'S

FOUNDER'S formula is the most comprehensive and the highest potency member of our entire family of multi-vitamin-mineral formulas. Like all our multivitamins, our **FOUNDER'S** is 100% pure and contains no additives of any kind. In short, it provides only the nutrients you desire with *no binders, fillers, colors, flavors or additives of any kind*. It comes as an ultra-fine powder in small, easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs. It provides all the benefits you seek without any of the problems normally associated with multivitamins. Our **FOUNDER'S** formula delivers more than 40 nutrients, including high potencies of all essential vitamins, minerals, carotenoids, phytonutrients and nutraceuticals. It is both the purest and most comprehensive multivitamin, yet also the most mild and gentle. It provides 2,000 IU of all-important Vitamin D3, along with high levels of the B-Complex, including 2,000 mcg of Biotin (the beauty vitamin) and 500 mcg of our absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12), along with 1,000 mcg of our naturally more active Folic Acid as 5-MTHF (5-methyltetrahydrofolate) and our unique pyridoxal 5'-phosphate form of B6. We also include 1,000 mg of non-acidic Vitamin C, along with high levels of the powerful, targeted protection afforded by key carotenoids, including Lutein (12,000 mcg), Lycopene (12,000 mcg) and Zeaxanthin (6,000 mcg). **FOUNDER'S** also utilizes natural Vitamin E whereas most leading multivitamins do not.

FOUNDER'S also includes Andrew's personal, concentrated balance of six vital ingredients, including **Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, Green Tea EGCG, Pomegranate and Citrus Bioflavonoids**. Details regarding each of these powerfully protective ingredients follows:

Coenzyme Q-10 (CoQ10) - 500 mg CoQ10 is a powerful protective compound required for all energy production. It is required at high concentrations in key organs (heart, brain, liver and kidneys) to ensure optimum function. Despite its importance, CoQ10 levels decrease with age, stress, medications, poor diet and even physical activity making supplementation essential.

Resveratrol - 200 mg Resveratrol has long been the focus of extensive anti-aging research. It is among the most powerful protective compounds and associated with the extensive benefits of the Mediterranean diet.

Pomegranate (40% Ellagic Acid and Punicalagins) - 200 mg Pomegranate has long been referred to as *sacred fruit*. Unlike pomegranate juice, our formula is standardized to deliver its beneficial compounds without sugar and calories.

Alpha Lipoic Acid (ALA) - 500 mg Referred to as the *Universal Antioxidant*, because it is both water and fat soluble. This allows ALA to protect even hard-to-reach tissues like the brain. ALA promotes the creation of Glutathione, the body's most powerful protective compound. Like CoQ10, ALA declines with age, stress, medications and more making supplementation important.

Epigallocatechin Gallate (EGCG) - 200 mg EGCG from Green Tea is a powerful protective compound that combines centuries of traditional use with decades of compelling anti-aging and wellness-based research.

Citrus Bioflavonoids - 200 mg Citrus Bioflavonoids, including Hesperidin and Rutin, are powerful protective compounds concentrated in citrus fruit and other healthy plants. They support healthy circulation and enhance the benefits of Vitamin C.

Our **FOUNDER'S** formula also delivers high levels of phytonutrients and protective compounds from nine other established natural ingredients, including extracts of Bilberry, Blueberry, Curcumin, Broccoli, Wasabi, Mustard Seed, Pine Bark, Grape Seed and Apple. Each of these standardized extracts of long-respected natural ingredients has been the subject of extensive scientific inquiry validating their benefits and importance to any comprehensive health and anti-aging regimen.

Our **FOUNDER'S** formula delivers the nutrition you seek *without* hard-to-swallow and difficult-to-digest tablets. We use only easy-to-swallow capsules containing pure, ultra-fine, additive-free powders to ensure a perfect experience with no stomach upset. Also, unlike typical multivitamins that ignore the current science, **FOUNDER'S** provides the most comprehensive list of vitamins, minerals, carotenoids, phytonutrients and nutraceuticals at levels that respect both you and the scientific literature.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



The Perma-Fresh Packet.

To retain potency, vitamins must be protected from light, moisture and oxygen. Sadly, ordinary packaging materials do not effectively do so. Our unique Perma-Fresh Packet is constructed from multiple layers of specialized materials to safeguard the potency of your vitamins and provide the protection they, and you, deserve.

For over 40 years, ProCaps Laboratories have been producing exceptionally pure and effective products to meet the uncompromising standards of health-conscious individuals and medical professionals. ProCaps is one of very few companies that actually make their own products and do so in their own US-based, 100% solar-powered facility. The ProCaps facility is among the world's largest private solar installations, possessing zero carbon footprint, which makes ProCaps products perfect for both you *and* the planet.

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION · ZERO-CARBON FOOTPRINT



QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs, Henderson, NV 89011



The Informed Choice. Since 1979.

WOMEN'S FOUNDER'S™

VITAMINS · MINERALS · CAROTENOIDS
PHYTONUTRIENTS · NUTRACEUTICALS

Uniquely Pure · Additive-Free
Small Capsules · No Stomach Upset

500 mg Coenzyme Q-10 · 500 mg Alpha Lipoic Acid

200 mg Resveratrol · 200 mg EGCG

200 mg Pomegranate · 200 mg Citrus Bioflavonoids

12,000 mcg Lutein · 12,000 mcg Lycopene · 6,000 mcg Zeaxanthin



Dietary Supplement
300 Easy-to-Swallow Capsules

SUGGESTED USE Consume the contents of one packet daily with food – preferably a complete meal. You can consume your daily supply at one time with a single meal or divide it to be taken with food throughout the day.
For questions about the use of this product call 800.800.1200.

Supplement Facts

Serving Size 1 Packet (10 Capsules)	Servings Per Container 30	
Amount Per Packet		% DV*
Vitamin A (as natural beta carotene)	300 mcg RAE (1,000 IU)	33%
Vitamin C (as Ca and Mg ascorbate/palmitate)	1,000 mg	1,111%
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as natural d-alpha tocopheryl succinate)	268 mg (400 IU)	1,787%
Vitamin B1 (as thiamin hydrochloride)	25 mg	2,083%
Vitamin B2 (as riboflavin)	25 mg	1,923%
Niacin (as niacinamide/chromium nicotinate)	25 mg	156%
Pantothenic Acid (as calcium pantothenate)	25 mg	500%
Vitamin B6 (as pyridoxal 5'-phosphate)	25 mg	1,471%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	500 mcg	20,833%
Folate (as L-5-methyltetrahydrofolate)	1,000 mcg DFE	250%
Biotin	2,000 mcg	6,667%
Calcium (as ascorbate/malate/carbonate)	400 mg	31%
Magnesium (as ascorbate/oxide)	200 mg	48%
Zinc (as zinc citrate)	30 mg	273%
Selenium (as sodium selenite)	200 mcg	364%
Copper (as copper citrate)	2 mg	222%
Manganese (as manganese citrate)	2.3 mg	100%
Chromium (as chromium nicotinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate)	75 mcg	167%
Boron (as boron glycinate)	1,000 mcg	†
Vanadium (as vanadyl sulfate)	50 mcg	†
Lutein	12 mg (12,000 mcg)	†
Lycopene	12 mg (12,000 mcg)	†
Zeaxanthin Complex	6 mg (6,000 mcg)	†
Alpha Lipoic Acid	500 mg	†
Coenzyme Q-10 (Natural Ubiquinone)	500 mg	†
Green Tea, extract (leaf), standardized to 98% polyphenols	400 mg	†
Epigallocatechin Gallate	200 mg	†
Pomegranate Blend, extract (fruit), standardized to 40% punicalagins and ellagic acid	200 mg	†
Resveratrol (from Polygonum cuspidatum (root) extract)	200 mg	†
Citrus Bioflavonoid Complex, (fruit), standardized to 80% bioflavonoids	200 mg	†
Bilberry Blend, extract (fruit), standardized to 10%/25% anthocyanins	200 mg	†
Blueberry, extract (fruit), standardized to 12% anthocyanins	50 mg	†
Apple, extract (fruit), standardized to 75% polyphenols	50 mg	†
Broccoli, extract (sprout/seed), standardized to 1.2% sulforaphane glucosinolate	50 mg	†
Pine Bark, extract (bark), standardized to 95% proanthocyanidins	50 mg	†
Grape Seed, extract (seed), standardized to 80% polyphenols	50 mg	†
Wasabi, extract (root), standardized to 0.75% glucosinolates	50 mg	†
Mustard Seed, extract (seed), standardized to 10% glucosinolates	50 mg	†
Curcumin Phospholipid Complex, (Turmeric, 95% extract (root) and phospholipids)	50 mg	†
Branched Chain Amino Acid Complex (as leucine/valine)	50 mg	†

* Percent Daily Values (% DV). † Daily Value not established.
Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.
CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, cholesterol, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergens, color, flavor, sweetener, preservative or genetically modified (GMO) ingredients.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS