SUGGESTED USE Consume one capsule daily-preferably with food containing a small amount of fat. You can increase guided by your physician. For questions about the use of this product call 800.800.1200.

Since 1979. Unsurpassed Purity, Quality and Efficacy. **100% SOLAR PRODUCTION** ZERO-CARBON FOOTPRINT



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Manufactured by ProCaps Labs Henderson, NV 89011

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your intake as required or as VITAMIN D₃ 10,000 Essential for Optimum Bone, Brain,

Heart and Immune System Health



VITAMIN D3 10.000 contains 10.000 IU of vitamin D3 in its most active and beneficial form – cholecalciferol. Decades of overwhelming science has shown vitamin D3 to be the single most important vitamin to supplement, since it is not readily available from even the healthiest diets. Vitamin D plays a multitude of vital roles in the body, including its essential role in all calcium absorption, which makes vitamin D as important as calcium for bone and skeletal health. Vitamin D also possesses a long list of other benefits that have physicians and experts urgently recommending higher intakes. These other benefits include vitamin D's essential role in supporting healthy immune system function, along with positive mood and brain function. Research has shown that we cannot rely on sun exposure to meet our vitamin D requirements, and since there are also

no abundant sources of vitamin D in Supplement Facts our diet, supplementation has become the only reliable source. Our extremely affordable Vitamin D3 10,000 provides vitamin D in its ideal form in an ultrasmall, easy-to-swallow capsule.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Serving Size 1 Capsule	Servings Per Container 720
Amount Per Serving	% DV*
Vitamin D ₃ (as cholecalciferol) 25	0 mcg (10,000 IU) 1,250%
Calcium (as calcium carbonate)	80 mg 6%
Magnesium (as magnesium oxide)	40 mg 10%
* Percent Daily Values (% DV).	

Other Ingredients: Gelatin capsule and Vitamin C (as ascorbyl palmitate). CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.