



ANDREW LESSMAN

PROCAPS LABORATORIES



WOMEN'S ELITE 100™

HIGH POTENCY VITAMINS | MINERALS | CAROTENOIDS

100 mg Coenzyme Q-10 | 100 mg Alpha Lipoic Acid | 100 mg Resveratrol
100 mg EGCG | 100 mg Pomegranate | 100 mg Citrus Bioflavonoids
6,000 mcg Lutein | 6,000 mcg Lycopene | 3,000 mcg Zeaxanthin

Uniquely Pure | Additive-Free | Small Capsules | No Stomach Upset



Dietary Supplement | 60 Perma-Fresh Packets™ | 360 Easy-to-Swallow Capsules

WOMEN'S ELITE 100

Elite 100 is an ultra-high-potency multi-vitamin-mineral-carotenoid formula with the added benefits of botanicals and nutraceuticals. **Elite 100** is uniquely pure and contains only the nutrients you desire without the additives of all other multivitamins. **Elite 100** comes in small, easy-to-swallow capsules guaranteed gentle to even sensitive stomachs and free of any fishy aftertaste. **Elite 100** provides all the benefits you seek without any of the unpleasant problems associated with the use of other multivitamins.

Elite 100 contains 2,000 IU of Vitamin D3, plus high levels of all B-Complex vitamins, including 2,000 mcg of Biotin (the beauty vitamin), 250 mcg of our absorption-protected methylcobalamin (natural vitamin B12), along with 600 mcg of our unique 5-MTHF (methyl folate) in place of ordinary and less active folic acid. We also provide 1,000 mg of non-acidic Vitamin C, 400 IU of natural vitamin E, as well as high levels of the key protective carotenoids typically absent from multivitamins, including Lutein (6,000 mcg), Lycopene (6,000 mcg) and Zeaxanthin (3,000 mcg). In short, **Elite 100** provides the nutrients you require at levels and forms that respect both you and the science.

THE PERFECT PACKET: The Perma-Fresh Purple Packet.
The only Packet worthy of our Exceptional Products.



Our Purple Packet is our most advanced packet ever, offering even more protection than our original Foil Packet. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins cannot do so. Our unique Purple Packets are constructed from multiple layers of specialized materials to safeguard the potency of your vitamins. For decades, our Foil Packets set the standard for protection and today, our Perma-Fresh Purple Packet takes that protection to the next level, giving your vitamins the special protection they deserve.

SUGGESTED USE Consume the contents of one packet daily with food - preferably a complete meal. You can consume your daily supply at one time with a single meal or divide it to be taken with food throughout the day. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT



Andrew Lessman
Andrew Lessman, Founder

QUESTIONS? REORDERS?
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Manufactured by ProCaps Labs, Henderson, NV 89011

The "100" in **Elite 100** refers to the 100 mg of six vital ingredients: **Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG, Pomegranate and Bioflavonoids.**

Coenzyme Q-10 (CoQ10) - 100 mg. CoQ10 is a powerful protective compound required for all energy production. It is required at high concentrations in key organs (heart, brain, liver and kidneys) to ensure optimum function. Despite its importance, CoQ10 levels decrease with age, stress, medications, poor diet and even physical activity making supplementation essential.

Alpha Lipoic Acid (ALA) - 100 mg. Referred to as the *Universal Anti-Oxidant*, because it is both water and fat soluble. This allows ALA to protect even hard-to-reach tissues like the brain. ALA promotes the creation of Glutathione, the body's most powerful protective compound. Like CoQ10, ALA declines with age, stress, medications and more making supplementation important.

Resveratrol - 100 mg. Resveratrol has long been the focus of extensive anti-aging research. It is among the most powerful protective compounds and associated with the extensive benefits of the Mediterranean diet.

Epigallocatechin Gallate (EGCG) - 100 mg. EGCG from Green Tea is a powerful protective compound that combines centuries of traditional use with decades of compelling anti-aging and wellness-based research.

Pomegranate (40% Ellagic Acid and Punicalagins) - 100 mg. Pomegranate has long been referred to as *sacred fruit*. Unlike pomegranate juice, our formula is standardized to deliver its beneficial compounds without sugar and calories.

Citrus Bioflavonoids - 100 mg. Citrus Bioflavonoids, including Hesperidin and Rutin, are powerful protective compounds concentrated in citrus fruit and other healthy plants. They support healthy circulation and enhance the benefits of Vitamin C.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Amount Per Packet			Serving Size 1 Packet (6 Powder Capsules) Servings Per Container 60		
		%DV*			%DV*
Vitamin A (as natural beta carotene)	300 mcg RAE (1,000 IU)	33%	Chromium (as chromium nicotinate)	200 mcg	571%
Vitamin C (as Ca and Mg Ascorbate/Palmitate)	1,000 mg	1,111%	Molybdenum (as molybdenum glycinate)	75 mcg	167%
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%	Boron (as glycinate/potassium borate)	1,000 mcg	†
Vitamin E (as natural d-alpha tocopheryl succinate)	268 mg (400 IU)	1,787%	Vanadium (as vanadyl sulfate)	50 mcg	†
Vitamin B1 (as thiamin hydrochloride)	25 mg	2,083%	Silicon (as silicon dioxide)	10 mg	†
Vitamin B2 (as riboflavin)	25 mg	1,923%	Lutein	6 mg (6,000 mcg)	†
Niacin (as niacinamide/chromium nicotinate)	25 mg	156%	Lycopene	6 mg (6,000 mcg)	†
Pantothenic Acid (as calcium pantothenate)	25 mg	500%	Zeaxanthin Complex	3 mg (3,000 mcg)	†
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,471%	Alpha Lipoic Acid	100 mg	†
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	250 mcg	10,417%	Coenzyme Q-10 (natural ubiquinone)	100 mg	†
Folate (as L-5-Methyltetrahydrofolate)	600 mcg DFE	150%	Green Tea, extract (leaf) standardized to 98% polyphenols Epigallocatechin Gallate	200 mg	†
Biotin	2,000 mcg	6,667%	Pomegranate Blend, extract (fruit) standardized to 40% punicalagins and ellagic acid	100 mg	†
Calcium (as ascorbate/carbonate/malate)	400 mg	31%	Resveratrol (from Polygonum cuspidatum (root) extract)	100 mg	†
Magnesium (as ascorbate/oxide)	200 mg	48%	Citrus Bioflavonoid Complex, (fruit) 80% bioflavonoids	100 mg	†
Zinc (as zinc citrate/oxide)	30 mg	273%	Branched Chain Amino Acid Complex (as leucine/valine)	50 mg	†
Selenium (as selenium-methionine complex)	200 mcg	364%			
Copper (as copper citrate/oxide)	2 mg	222%			
Manganese (as manganese sulfate)	2.3 mg	100%			

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, common allergens, color, flavor, sweetener, preservative or genetically modified (GMO) ingredients.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS