

SUGGESTED USE Consume one or more capsules with meals based upon the “gas producing” content of those foods or as recommended by your physician. This product is not intended to treat any health condition. **For questions about the use of this product call 800.332.7799.**

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BEAN & VEGETABLE GAS RELIEF

Natural Enzyme Complex

Beans | Nuts | Seeds | Legumes | Fruit
Cruciferous Vegetables | Whole Grains



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's BEAN AND VEGETABLE GAS RELIEF is a mild, natural, food supplement designed to gently and effectively support and enhance your body's natural digestion of gas-causing foods. Sadly, many of the healthiest foods, such as beans, cruciferous vegetables, fruits, nuts, seeds, grains and soy, contain molecules that can be difficult for the body to digest, causing gas, bloating and discomfort. The resulting gas and GI discomfort discourages us from eating these otherwise healthy foods. Scientists have identified the sources of gas in these foods and the digestive enzymes in **Bean and Vegetable Gas Relief** contains a unique blend of enzymes to target and break down these offending, gas-producing molecules thereby reducing or eliminating the gas, bloating and discomfort. Most of us occasionally experience issues enjoying some of nature's healthiest and most delicious foods, but the powerful natural enzymes in **Bean and Vegetable Gas Relief** are designed to return the enjoyment of these healthy foods without embarrassment or discomfort.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240
Amount Per Serving	
Alpha-galactosidase	1,000 GalU (50 mg) †
Legume Enzyme Complex	270 mg †
Bromelain (120 GDU/g)	
Papain (2,000 USP/mg)	
Hemicellulase (100,000 HCU/g)	
Cellulase (30,000 CU/g)	
Amylase (90,000 DU/g)	
Invertase (90,000 SU/g)	

† Daily Value not established.

Other Ingredients: Gelatin capsule.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.