SUGGESTED USE Consume one capsule daily—preferably with food containing a small amount of fat. You can increase your intake based upon your needs and as guided by your health care provider. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy. 100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT

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QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs Henderson, NV 89011



COENZYME Q-10 200 MG with Vitamin D3 2000

Complete B-Complex · Vitamin C 300 with Methyl B12 & Methyl Folate

COENZYME Q-10 200 with Vitamin D<sub>3</sub> 2000 is more than the finest, natural source of our body's most critical energy nutrient (CoQ10). It also provides the world's most sophisticated high potency B-complex formula, including our absorption-protected natural B12 (methylcobalamin), as well as our unique methyl folate form of folic acid. Thirty-five years of working with CoQ10 has taught us that no CoQ10 formula can guarantee its benefits without all the essential B-vitamins. Our CoQ10 also includes high levels of vitamin C given the established relationship between these two vital protective nutrients. This special formula also provides, at no additional cost, 2,000 IU of vitamin D<sub>3</sub> given its essential role in many of our body's most vital processes, along with the knowledge that a substantial majority of Americans possess insufficient or deficient levels of this critical vitamin. CoQ10 is essential for all energy production and

therefore, for life itself. Sadly, CoO10 levels decline with age, stress, diet, health issues and the use of the most popular drugs, such as cholesterol, blood pressure, osteoporosis and antidepressant drugs. Clearly, modern life conspires to reduce our levels of this life-sustaining nutrient. Further underscoring CoQ10's importance, is that the healthy function of our body's most hardworking organs (heart, brain, liver, kidneys, pancreas) requires the body's highest levels of CoQ10. It is this direct connection between CoQ10 and our most vital organs that provides an unparalleled opportunity to promote abundant energy and optimum health. This uniquely comprehensive and economical formula provides an exceptional opportunity to benefit from what many consider to be nature's most important nutrient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS** 

Supplement Facts Serving Size 1 Capsule Servings Per Container 240		
Amount Per Serving		% DV*
Vitamin C (as calcium ascorbate/palmitate)	300 mg	333%
Vitamin D3 (as cholecalciferol) 50 mc	g (2,000 IU)	250%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin)	100 mcg 4	,167%
Folate (as L-methylfolate)	67 mcg DFE	17%
Biotin	50 mcg	167%
Calcium (as calcium ascorbate/pantothenat	e) 30 mg	2%
Coenzyme Q-10 (natural ubiquinone)	200 mg	†
* Percent Daily Values (% DV). † Daily Value not established.		

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.

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608574-06M Dietary Supplement | **240** Easy-to-Swallow Capsules