

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

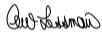
WARNING Do not use while pregnant, nursing or seeking to become pregnant.

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SAFFRON 15

Standardized for Crocin & Safranal

Promotes Positive Mood
Emotional Balance and Relaxation



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's **SAFFRON 15** offers a standardized extract of Saffron from the deep red stigmas of the *Crocus sativus* flower. Saffron has long been prized for its unique aroma, taste and color. Its traditional medical use goes back more than 3,000 years, spanning many cultures and civilizations. Due to its scarcity and labor-intensive harvesting, Saffron is by far the world's most expensive spice with more than 200,000 stigmas (tiny organs from the Saffron flower) required to make a pound of Saffron. Given its extremely high price, Saffron has become among the most adulterated and counterfeited spices. We take extraordinary measures to ensure the identity and purity of our Saffron, which is standardized to deliver precise levels of both Crocin and Safranal, along with many other naturally occurring cofactors. Traditional medicine has long used Saffron to promote positive mood and emotional balance, along with a relaxed state and enhanced sleep quality. Modern clinical studies have now validated these traditional benefits on mood, emotional balance, relaxation and sleep. These benefits are attributed to Saffron's gentle balancing effects on our most important neurotransmitters. Our precisely targeted Saffron extract is formulated to ensure that you enjoy the greatest benefits from one of Mother Nature's most remarkable healing plants.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule Servings Per Container 240

Amount Per Serving

Saffron, extract (stigmas)	15 mg	†
standardized to 3% crocin/2% safranal		
Proprietary Amino Acid Complex	220 mg	†
(as taurine, glutamine, glycine)		

† Daily Value not established.

Other Ingredients: Gelatin capsule.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.