

**SUGGESTED USE** Consume one capsule with each meal or significant snack containing carbohydrate or sugar (immediately before, during or immediately after eating) or as recommended by your physician. There is no need to consume more than four capsules daily. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

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# WHITE MULBERRY LEAF

with

# CINNAMON

Healthy Blood Sugar Balance  
Glucose and Insulin Metabolism



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's **WHITE MULBERRY LEAF** with **CINNAMON** offers a blend of two focused standardized extracts to support healthy blood sugar metabolism and insulin balance. **White Mulberry Leaf** standardized to deliver a 5% extract of the natural iminosugar 1-deoxynojirimycin is perfectly partnered with our standardized **Cinnamon** extract to support healthy blood sugar balance and glucose metabolism. These two highly respected traditional remedies are now recognized for their benefits to promote healthy blood sugar and insulin metabolism. Clinical research has shown that **White Mulberry Leaf** with its uniquely high levels of 1-deoxynojirimycin can reduce the absorption of dietary sugars and carbohydrate. **Cinnamon** has also gained recognition for its ability to support healthy blood sugar metabolism and insulin balance. Research attributes these benefits to the powerful polyphenols present in **Cinnamon Bark** extract. These two targeted standardized extracts of **White Mulberry Leaf** and **Cinnamon Bark** provide Mother Nature's perfect natural support to our important efforts at optimizing our blood sugar metabolism and insulin balance.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

## Supplement Facts

Serving Size 1 Capsule Servings Per Container 360

Amount Per Serving	%DV*
Vitamin C (as calcium ascorbate/palmitate)	10 mg 11%
White Mulberry (Morus alba), extract (leaf) standardized to 5% 1-deoxynojirimycin	250 mg †
Cinnamon Bark Extract Blend (Cinnamomum cassia)	200 mg †
standardized to 8% Flavones	100 mg
standardized to 3% Type A Polymers	50 mg
standardized to 20% Proanthocyanidins	50 mg

\* Percent Daily Value (%DV) are based on a 2,000 calorie diet.  
† Daily Value not established

Other Ingredients: Gelatin capsule.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.