

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**



ANDREW LESSMAN



# LUTEIN 12™

Supports Healthy Vision & Brain and Cognitive Function



**Since 1979, Unsurpassed Purity, Quality and Efficacy.**

**100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT**



**QUESTIONS? REORDERS?**

**800.800.1200 PROCAPS.COM**

Manufactured by ProCaps Labs  
Henderson, NV 89011

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Dietary Supplement



**360 EASY-TO-SWALLOW CAPSULES**

**LUTEIN 12** is a high potency source of lutein – a powerful, protective carotenoid that is essential for healthy vision. Diets rich in lutein have long been associated with superior eye health, as well as brain health. Lutein is most highly concentrated in the retina and macula of the eye where its unique structure allows it to protect these delicate tissues from high-energy radiation. Lutein, along with zeaxanthin, are so highly concentrated in the retina and macula that they provide both its color and its name – the *macula lutea* or yellow spot. Lutein, along with zeaxanthin, are referred to as optical pigments, since they play an essential structural and functional role in the eye promoting visual acuity (sharpness of vision), optical filtering of high-energy radiation, as well as visual processing speed. Lutein is at the top of any list of ingredients that protect our eyes from a lifetime of normal age-related changes. Substantial research has also shown that lutein is associated with superior cognitive function, memory and verbal fluency as we age. Unfortunately, the body cannot produce lutein and the American diet provides very little, which makes supplementation the only viable option to provide our eyes and brain adequate amounts of this essential nutrient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 360

### Amount Per Serving

Lutein	12 mg (12,000 mcg) †
Zeaxanthin Complex	600 mcg
Omega-3 from Ahiflower® Oil (B. arvensis seed)	94-111 mg †
ALA (alpha-linolenic acid)	67-77 mg
SDA (stearidonic acid)	27-34 mg

† Daily Value not established.

Ahiflower® is a registered trademark of Technology Crops, LLC.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.

**Always Wear UV-Protective Sunglasses Outdoors**