

SUGGESTED USE Consume two capsules daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

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Henderson, NV 89011

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ANDREW LESSMAN

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MAXIMUM ESSENTIAL OMEGA-3™

Fish Oils Without Fish Taste
Ultra-Concentrate of DHA and EPA

NATURAL MINT



Dietary Supplement | **360** Easy-to-Swallow Capsules

MAXIMUM ESSENTIAL OMEGA-3 is our highest potency blend of ultra-pure Omega-3s uniquely delivered with absolutely NO fishy aftertaste. Our Omega-3s exist in their most active, natural triglyceride form and not as inferior, synthetic ethyl esters. Omega-3s are required for the structure, function and health of all body systems and since they cannot be made by the body, their benefits are only available from cold-water fish or a quality Omega-3 supplement. Research has shown that diets rich in Omega-3s are associated with superior heart, brain, eye, circulatory and general health; yet the American diet delivers alarmingly low levels of these precious fats. **Maximum Essential Omega-3** delivers an ultra-concentrated, but mild blend of DHA (Docosahexaenoic Acid), EPA (Eicosapentaenoic Acid) and DPA (Docosapentaenoic Acid), as well as SDA (Stearidonic Acid) from Ahiflower® oil – its richest natural source. Typical Omega-3 formulas focus on EPA, which is less costly to provide, whereas our Omega-3s target vital DHA, which is essential for brain, eye and heart structure and function. In fact, the highest functioning areas of the brain and the most critical parts of the eye (macula and retina) contain and require ultra-high levels of DHA. Fish oil supplements have long been praised for their myriad health benefits, but they are also criticized for their aftertaste and potential contaminants; however, **Maximum Essential Omega-3** allows you to enjoy all the benefits of fish oil without the contaminants, stomach upset or fishy aftertaste. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

Serving Size 2 Softgels
Servings 180

Amount Per Serving	% DV*
Calories 10	
Total Fat 1.5 g	2%
Cholesterol 5 mg	2%
Fish Oil	1,210 mg †
(anchovy, mackerel, menhaden, sardine, tuna)	
Total Omega-3 Fatty Acids >1,000 mg	
DHA – Docosahexaenoic Acid	500 mg
EPA – Eicosapentaenoic Acid	350 mg
DPA – Docosapentaenoic Acid	50 mg
ALA – Alpha-Linolenic Acid ‡	70 – 80 mg †
SDA – Stearidonic Acid ‡	30 – 35 mg †
Other Omega-3 Fatty Acids	50 mg

* Percent Daily Values (% DV) are based on a 2,000 calorie diet.
† Daily Value not established. ‡ from Ahiflower® oil

Ahiflower® (*Buglossoides arvensis* seed oil) is a registered trademark of Technology Crops, LLC.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin), Peppermint Oil (stem, leaf), Spearmint Oil (stem, leaf).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, color, preservative, genetically modified (GMO) ingredients or manufacturing additives.