

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. For best results take this product with food containing a small amount of fat or oil. This product is most effective when used as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT

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Andrew Lessman
Andrew Lessman, Founder

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608305-02M



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MAXIMUM L+Z™ with ASTAXANTHIN

**12mg Lutein | 6mg Zeaxanthin
4mg Astaxanthin**

OPTICAL PIGMENT BOOSTER

Maximum Potency to Support
Macular and Retinal Health



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's MAXIMUM L+Z with ASTAXANTHIN is an ultra-high potency blend of three powerful protective carotenoids: **Lutein**, **Zeaxanthin (L + Z)** and **Astaxanthin**. Lutein and Zeaxanthin are the optical pigments essential to the healthy function and protection of the retina and its macular region. Astaxanthin is also highly concentrated in the eye where it imparts its unique functional benefits. Together these three essential ingredients work to protect the most fragile tissues of the eye while also promoting a lifetime of healthy vision. None of these vital protective carotenoids can be produced by the body, so their benefits require a food or supplement source, yet sadly, you will not find any meaningful amount of all three in any typical diet or eye formula. Plus, beyond their well-established role in protecting the eye and promoting healthy vision, Lutein, Zeaxanthin and Astaxanthin levels in the brain have now been associated with healthy brain and cognitive function, particularly as we age. **Lutein and Zeaxanthin's** critical role as optical pigments within the eye promotes visual acuity (sharpness of vision), as well as visual processing speed. **Zeaxanthin's** exceptionally high concentrations in the central retina affords enhanced protection to its macular region. **L + Z** can also protect the skin, but it is the brain where recent research has shown an association with superior cognitive function, memory and verbal fluency with age. We also add Ahiflower® Oil to enhance the efficacy and benefits of this formula. The body cannot make **Lutein, Zeaxanthin or Astaxanthin**, and the typical American diet provides so little that supplementation remains the only viable option of ensuring the well-established benefits these critical nutrients provide to our eyes, vision and brain.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Softgel	Servings Per Container 240
Amount Per Serving	
Lutein	12 mg (12,000 mcg) †
Zeaxanthin Complex	6 mg (6,000 mcg) †
Astaxanthin (from Haematococcus pluvialis oil)	4 mg (4,000 mcg) †
Omega-3 (from Ahiflower® Oil B. arvensis seed)	56-67 mg †
ALA - Alpha-Linolenic Acid	40-46 mg
SDA - Stearidonic Acid	16-21 mg
† Daily Value not established.	

Ahiflower® is a registered trademark of Technology Crops, LLC.
Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives..

Always Wear UV-Protective Sunglasses Outdoors