

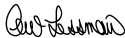
SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. Since Lutein and Zeaxanthin are fat soluble, they are best absorbed when consumed with foods or meals containing a small amount of fat or oil. **For questions about the use of this product call 800.332.7799.**

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Unsurpassed Purity, Quality and Efficacy

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MAXIMUM L+Z™

12 MG LUTEIN | 6 MG ZEAXANTHIN

OPTICAL PIGMENT BOOSTER

Maximum Potency to Support
Macular and Retinal Health



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's MAXIMUM L+Z is an ultra-high potency blend of Lutein and Zeaxanthin (L+Z), two dietary ingredients that physicians and experts consider to be critical for eye health. Diets rich in L+Z have long been associated with superior vision and eye health. L+Z are most highly concentrated in the retina and macula of the eye where their unique molecular structure allows them to protect these delicate tissues from high-energy radiation and oxidation. Their concentration in the macula is so high that they provide both its color and its name, since in Latin the macula is called the macula lutea or yellow spot. L+Z are also referred to as "Optical Pigments," since they also play a key role in the eye's visual systems promoting visual acuity (sharpness of vision), as well as visual processing speed. Zeaxanthin also affords enhanced protection to the macula due to extremely high concentrations at the center of the retina. In short, L+Z are at the top of any list of dietary ingredients that protect our eyes from a lifetime of normal age-related changes. L+Z also protect the skin, but it is the brain where substantial recent research has shown Lutein to be associated with superior cognitive function, memory and verbal fluency with age. The body cannot make L+Z and the typical American diet provides so little that supplementation remains the only viable option of ensuring the vital protection these critical nutrients provide to our eyes, brain and skin. To assure you the greatest benefits possible, we enhance our ultra-high potency blend of **Maximum L+Z** with the unique balance of plant-based Omega-3 fatty acids from Ahiflower® Oil.

Ahiflower® is a registered trademark of Technology Crops, LLC. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR
COMMON ALLERGENS OF ANY KIND**

Supplement Facts

Serving Size 1 Softgel	Servings Per Container 240
Amount Per Serving	
Lutein	12 mg (12,000 mcg) †
Zeaxanthin Complex	6 mg (6,000 mcg) †
Ahiflower® Oil (from B. arvensis seed)	145 mg †
Total Omega-3 Fatty Acids	90 mg
ALA - Alpha- Linolenic Acid (Omega-3)	60-70 mg
SDA - Stearidonic Acid (Omega-3)	20-30 mg
GLA - Gamma-Linolenic Acid (Omega-6)	6-10 mg

† Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).

Always Wear UV-Protective Sunglasses Outdoors