

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**  
**100% SOLAR PRODUCTION**  
**ZERO-CARBON FOOTPRINT**

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**QUESTIONS? REORDERS?**  
**800.800.1200 PROCAPS.COM**

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# FRIENDLY FLORA PROBIOTIC

**Comprehensive Probiotic Complex**  
Five Essential Beneficial Strains

**10 Billion CFU**



Dietary Supplement | **180** Easy-to-Swallow Capsules

**FRIENDLY FLORA PROBIOTIC** is a comprehensive blend of five established, beneficial probiotic strains, delivering an exceptional 10 Billion Colony Forming Units (CFU) per capsule. Probiotic means “for life” and probiotic-rich foods have been consumed for thousands of years. However, our diet is no longer rich in microflora with yogurt remaining one of its only sources, which typically contains unwanted calories and sugar and only provides unreliable levels of a single strain of microflora. There are trillions of beneficial microorganisms (microflora) in our body and their healthy balance is essential to the health of our digestive and immune systems. Our **Friendly Flora Probiotic** is designed to enhance the balance of these microorganisms in our digestive, immune, urinary and genital systems. It is well established that the microflora in our GI (gastrointestinal) tract play a vital role in promoting healthy digestion, including nutrient absorption and regularity. Maintaining a proper balance of our microflora is also essential to healthy immune system function. The delicate balance of microflora is easily upset by stress, poor diet, digestive issues and aging. This fragile balance is further disrupted by medications that affect the digestive system and its pH balance, such as antacids or antibiotics, which can entirely wipe out our microflora. **Friendly Flora Probiotic** provides 10 Billion Colony Forming Units per capsule of five carefully selected varieties of established, beneficial microflora to ensure the essential benefits of these remarkably healthy “friends.”

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CONTAINS NO COMMON ALLERGENS**

## Supplement Facts

Serving Size 1 Capsule	Servings Per Container 180
<b>Amount Per Serving</b>	
Total CFU (Colony Forming Units)	10 Billion †
Lactobacillus acidophilus (La-14)	4 Billion CFU
Lactobacillus plantarum (Lp-115)	2 Billion CFU
Lactobacillus paracasei (UALpc-04)	2 Billion CFU
Bifidobacterium lactis (HN019/BL-04)	2 Billion CFU
† Daily Value not established.	

Other Ingredients: Natural plant cellulose vegetarian capsule (acid resistant), microcrystalline cellulose, silicon dioxide, magnesium stearate.  
**NOTE** This product should be stored in a cool, dry place and kept away from sources of heat or humidity. It does not require refrigeration.