

# CHOLESTACARE™ plus FIBERMUCIL™

CHOLESTACARE plus FIBERMUCIL is specifically formulated to safely and naturally lower Total and LDL Cholesterol using two natural active ingredients approved by the US Government for the reduction of cholesterol and heart disease risk. The active ingredients in both CholestaCare and Fibermucil are supported by decades of extensive clinical studies, which have unequivocally proven their ability to support heart health by safely lowering Total Cholesterol and LDL Cholesterol (the “bad” cholesterol). The research on CholestaCare is so convincing that its active ingredient is the first natural ingredient actually recognized by the US Food and Drug Administration (FDA) to lower your Total and LDL Cholesterol. By adding Fibermucil to CholestaCare we increase its cholesterol-lowering power with a natural ingredient that is supported by clinical studies going back over 50 years. The combination of CholestaCare and Fibermucil delivers heart health and cholesterol-lowering benefits far greater than either can provide on their own.

CHOLESTACARE plus FIBERMUCIL provides a natural means of lowering cholesterol that is entirely derived from edible plants. CholestaCare is our specially balanced blend of plant sterols, while Fibermucil is our natural and pure encapsulated psyllium husk powder from the high-fiber Indian plant *Plantago ovata*. Both of these active ingredients have been an important part of healthy vegetarian diets for centuries and in recent decades have been included in nutritional supplements for their heart health benefits. Beyond centuries of safely realized health benefits, both of these active ingredients are now FDA-approved to support heart health by lowering Total and LDL Cholesterol. In fact, according to the US Food and Drug Administration, consuming at least 400 mg per serving of CholestaCare twice daily with meals for a daily total intake of at least 800 mg of CholestaCare, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One packet of CholestaCare plus Fibermucil provides 800 mg of this FDA-approved active ingredient. To further enhance the proven cholesterol-lowering properties of CholestaCare, we have added Fibermucil, our natural, mild and non-abrasive, pure psyllium husk powder. Dietary fiber is generally considered the most overlooked component in the American diet, which is unfortunate since it is well established that dietary fiber can naturally support heart health by safely reducing Total and LDL Cholesterol.

Nowadays, heart health seems to be synonymous with lower cholesterol and as a result, millions of Americans are taking cholesterol-lowering “statin” drugs, which come with a very long list of dangerous side effects. If you and your physician would prefer a clinically proven, safe and natural method for achieving healthy cholesterol levels that contains two natural ingredients, then CholestaCare plus Fibermucil is the perfect choice. When used in conjunction with the appropriate diet, CholestaCare plus Fibermucil can reduce or even eliminate the need for cholesterol-lowering “statin” drugs by delivering reductions in cholesterol previously only thought to be achievable with drugs. Of course, partner with your physician to determine how CholestaCare plus Fibermucil can best accomplish your cholesterol and “statin” drug reduction goals.

The Western diet tends to increase our cholesterol levels and clinical studies have consistently proven that including the active ingredients from CholestaCare plus Fibermucil in your diet can help to lower Total and LDL Cholesterol levels, providing a safe and easy way to help reduce your risk of heart disease. Despite the powerful, proven benefits of CholestaCare plus Fibermucil, it is important to never underestimate the profound and long-term benefits of a healthy diet and active lifestyle. By adding CholestaCare plus Fibermucil to such a diet and lifestyle, you and your doctor are assured of getting the very best results from your efforts. Despite CholestaCare’s proven effectiveness, it should never provide an excuse to ignore one’s diet. In fact, CholestaCare plus Fibermucil works best when taken with meals that contain less “bad” hydrogenated and saturated fat and cholesterol, and when you try to avoid simple sugars or convertible carbohydrates, such as potatoes, pasta, rice and bread.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



### The Perma-Fresh Packet.

To retain potency, vitamins must be protected from light, moisture and oxygen. Sadly, ordinary packeting materials do not effectively do so. Our unique Perma-Fresh Packet is constructed from multiple layers of specialized materials to safeguard the potency of your vitamins and provide the protection they, and you, deserve.

For over 40 years, ProCaps Laboratories have been producing exceptionally pure and effective products to meet the uncompromising standards of health-conscious individuals and medical professionals. ProCaps is one of very few companies that actually make their own products and do so in their own US-based, 100% solar-powered facility. The ProCaps facility is among the world’s largest private solar installations, possessing zero carbon footprint, which makes ProCaps products perfect for both you *and* the planet.

Since 1979, Unsurpassed Purity, Quality and Efficacy.  
100% SOLAR PRODUCTION · ZERO-CARBON FOOTPRINT



QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs, Henderson, NV 89011



The Informed Choice. Since 1979.

# CHOLESTACARE™ plus FIBERMUCIL™

## Natural Cholesterol Management

Natural Plant Sterols  
Natural Psyllium Fiber  
Bulk and Water Soluble Fiber



Dietary Supplement  
240 Easy-to-Swallow Capsules

**SUGGESTED USE** Each packet contains the optimum combination of water-soluble fiber and plant sterols to naturally reduce Total and LDL Cholesterol levels. Consume the contents of one packet with a complete meal. For best results, consume two packets daily with the two largest meals of the day. **For questions about the use of this product call 800.800.1200.**

**NOTICE** Always consume fiber with ample liquid. Do not use if you have issues swallowing. If abdominal discomfort results, discontinue use and contact physician. Psyllium husk may cause rare allergic reactions. Consume prescription medicines at least an hour before or after this product.

## Supplement Facts

Serving Size 1 Packet (4 capsules)  
Servings Per Container 60

Amount Per Serving		% DV*
Calories	0	
Total Carbohydrate	1 g	<1%
Dietary Fiber	1.1 g (1,100 mg)	4%
Soluble Fiber	0.9 g (940 mg)	†
Insoluble Fiber	0.2 g (160 mg)	†
Psyllium, powder (husk)	1.2 g	†
Lactobacillus sporogenes	13 Million CFU	†
CholestaCare™ Proprietary Sterol Blend	800 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Gelatin capsule, Leucine and Silicon Dioxide.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, coating, diluent, common allergens, color, flavor, sweetener, preservative or genetically modified (GMO) ingredients.

**CONTAINS NO COMMON ALLERGENS OF ANY KIND**