

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**

**100% SOLAR PRODUCTION  
ZERO-CARBON FOOTPRINT**

**PROCAPS  
LABORATORIES**

**QUESTIONS? REORDERS?**

**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs  
Henderson, NV 89011**

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ANDREW LESSMAN

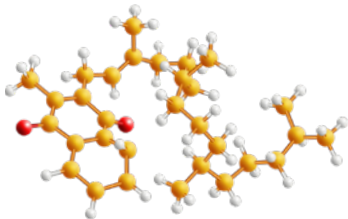
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# VITAMIN K<sub>2</sub> MK-7 240 MCG

**Vitamin K's Most Beneficial Form**

Promotes Optimum  
Heart + Bone + Circulatory Health



Dietary Supplement | **360** Easy-to-Swallow Capsules

**VITAMIN K<sub>2</sub> MK-7 240** provides the most beneficial form of vitamin K in the form of vitamin K<sub>2</sub> menaquinone-7 (K<sub>2</sub> MK-7). Vitamin K<sub>2</sub> MK-7 is now recognized as essential for bone and heart health through its role in regulating calcium metabolism. Unlike typical vitamin K<sub>1</sub> and its role in blood clotting, vitamin K<sub>2</sub> MK-7 is unique given its essential role in calcium utilization and thus bone, heart and circulatory health. Essentially, K<sub>2</sub> MK-7 promotes the retention of calcium in healthy bone while inhibiting undesirable calcification in tissues such as arteries, heart valves, etc. By reducing calcification, K<sub>2</sub> MK-7 promotes flexible, resilient arteries and heart valves – a defining characteristic of cardiovascular health. In short, K<sub>2</sub> MK-7 helps our body retain calcium where required (our bones) and reduce deposits where calcification is to be avoided. Unfortunately, there is no meaningful source of K<sub>2</sub> MK-7 in the American diet, so achieving these desirable heart and bone health benefits requires supplementation of this essential vitamin.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

## Supplement Facts

**Serving Size 1 Softgel    Servings Per Container 360**

**Amount Per Serving**

<b>Vitamin K<sub>2</sub> MK-7</b> (as menaquinone-7)	<b>240 mcg</b>	<b>†</b>
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† Daily Value not established.

Other Ingredients: Extra virgin olive oil (Organic), soft-gelatin capsule (gelatin, purified water, glycerin).

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.