

**SUGGESTED USE** Consume one or more capsules daily or as recommended by your physician. This product is most effective when used as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

**FOR OVER 40 YEARS**  
**Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed to You and the Planet. You have my unwavering Promise.*



*Andrew Lessman*  
Andrew Lessman, Founder

**QUESTIONS? | REORDERS?**  
**800.800.1200 • www.PROCAPSLABS.COM**



www.HSN.com  
800.944.9999



www.QVC.com  
800.345.1515

607343-02M



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Manufactured by ProCaps Labs, Henderson, NV 89011

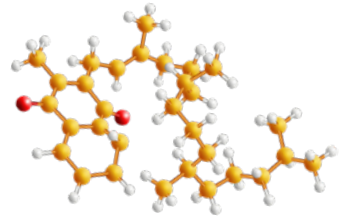


ANDREW LESSMAN



# VITAMIN K<sub>2</sub> MK-7 - 240 MCG -

Vitamin K's Most Active Form  
Promotes Optimum Heart, Bone  
and Circulatory Health



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's **VITAMIN K<sub>2</sub> MK-7 240** provides the most active and beneficial form of Vitamin K-2, Menaquinone-7 (MK-7). Vitamin K<sub>2</sub> MK-7 is now recognized as essential for bone and heart health through its role in regulating Calcium metabolism. The "K" in Vitamin K<sub>2</sub> MK-7's name stems from the role of Vitamin K-1 in blood clotting, since it was discovered in Germany where "Koagulation" is spelled with a K. Vitamin K<sub>2</sub> MK-7's unique importance instead relates to its scientifically established central role in calcium utilization and thus bone, heart and cardiovascular health. Essentially, Vitamin K<sub>2</sub> MK-7 promotes the retention of calcium in healthy bone while discouraging its being deposited in other tissues causing undesirable calcification of arteries, heart valves, etc. By discouraging calcification, **Vitamin K<sub>2</sub> MK-7** promotes flexible, resilient arteries and heart valves, which is a defining characteristic of cardiovascular health. In short, **Vitamin K<sub>2</sub> MK-7** acts like a "traffic cop" directing calcium to the vital tissues where it is required while keeping it out of those where it is not desired. Since we all must consume calcium daily our healthy bones and flexible arteries require **Vitamin K<sub>2</sub> MK-7**. Sadly, there is no significant source of **Vitamin K<sub>2</sub> MK-7** in the typical American diet making supplementation the only reliable method of acquiring this essential vitamin.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND**

<b>Supplement Facts</b>		
Serving Size 1 Softgel	Servings Per Container 360	
Amount Per Serving	%DV*	
Vitamin K <sub>2</sub> MK-7	240 mcg	200%

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Extra virgin olive oil (Organic), soft-gelatin capsule (gelatin, purified water, glycerin).