

**SUGGESTED USE** Consume one or two capsules immediately before, during or after each meal or snack. Minimum daily dosage is 2 capsules and there is no increased benefit from taking more than 6 capsules daily. This product is most effective when used as part of a low cholesterol, fiber-rich diet or when consumed with our natural Fibermucil. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**

**100% SOLAR PRODUCTION  
ZERO CARBON FOOTPRINT**



**QUESTIONS? REORDERS?**  
**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs,  
Henderson, NV 89011**



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608273-11M



ANDREW LESSMAN



# CHOLESTACARE™

## Natural Cholesterol Management

**Natural Plant Sterols**  
Helps Reduce Total Cholesterol Levels  
and LDL Cholesterol Levels



Dietary Supplement **500 EASY-TO-SWALLOW CAPSULES**

**CHOLESTACARE** is an effective, natural formula providing our unique phytosterol blend, designed to support heart health by helping to naturally reduce total and LDL cholesterol levels. Medical experts recognize that total cholesterol and LDL (Low Density Lipoprotein) cholesterol levels are important indicators of our heart disease risk. The FDA has long recognized that phytosterols, like those in **CholestaCare**, provide a natural means of lowering total and LDL cholesterol and thereby supporting heart health. Although naturally present in healthy foods, most Americans do not consume sufficient amounts of plant sterols necessary to reduce their cholesterol levels. On the other hand, most Americans consume foods rich in saturated fats and cholesterol, which can increase total and LDL cholesterol levels and cardiovascular risk. Scientific evidence establishes that adding plant sterols to the diet helps to lower total and LDL cholesterol levels, thereby promoting heart health. *According to the FDA, consuming at least 400 mg of plant sterols twice daily with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A capsule of CholestaCare supplies 400 milligrams of plant sterols.* Of course, any intelligent approach to heart health involves more than simply consuming **CholestaCare** and should also include a sensible diet, exercise and weight management under the guidance of a health care professional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO COMMON ALLERGENS**

### Supplement Facts

**Serving Size 2 Capsules    Servings Per Container 250**

#### Amount Per Serving

<b>CholestaCare™</b>	<b>800 mg</b>	<b>†</b>
<b>Proprietary Sterol Blend</b>		

† Daily Value not established.

Other Ingredients: Gelatin capsule, Leucine and Silicon Dioxide.  
**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or genetically modified (GMO) ingredients.