

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS

Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

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Andrew Lessman, Founder

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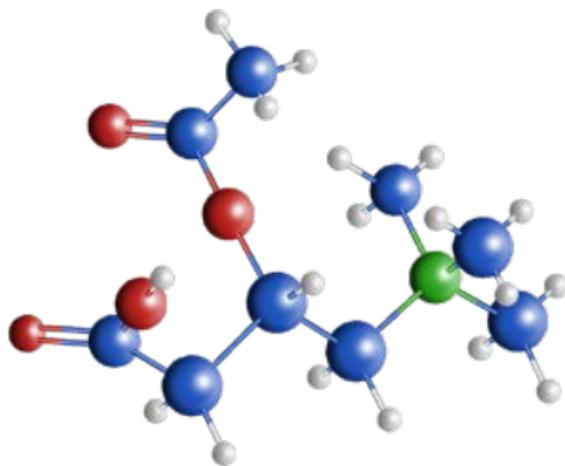
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ACETYL L-CARNITINE 500

Optimum Brain Function
and Fat Metabolism



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's **ACETYL L-CARNITINE 500** is an ultra-high potency source of Acetyl L-Carnitine (ALC), which has long been recognized for its essential role in all fat and energy metabolism as well as healthy brain function. Acetyl L-Carnitine's importance for fat and energy metabolism stems from Carnitine's role in the movement of ALL fat to the site in each cell where it can be burned. Not surprisingly, the highest levels of Carnitine are found in those organs performing the greatest amount of energy metabolism, including our brain, heart and skeletal muscles where over 98% of the body's precious reserves of Carnitine are found. Fat burning and weightloss are challenging and as long as we are making the appropriate dietary and lifestyle changes, we should also ensure an adequate supply of those nutrients required for optimum fat metabolism. Acetyl L-Carnitine's overall importance is underscored by its role in the brain where it can bypass the blood-brain barrier to deliver its benefits directly to the brain. At only 2% of bodyweight, the brain is relatively small, yet it consumes more than 20% of the body's total energy. A healthy brain requires an abundant and uninterrupted supply of energy and ALC supports those extreme energy requirements. ALC also supports healthy blood flow to the brain, which in turn promotes adequate oxygen and nutrient availability. ALC also facilitates the production of our brain's most vital neurotransmitter - Acetylcholine. In short, Acetyl L-Carnitine (ALC) is not just essential for all fat metabolism, but it also plays a critical, central role supporting optimum brain function.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 360
Amount Per Serving	
Acetyl L-Carnitine (as acetyl L-carnitine HCl)	500 mg †
† Daily Value not established.	

Other Ingredients: Gelatin capsule, ascorbyl palmitate (vitamin C).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.