

**Suggested Use** Mix one scoop (just over two tablespoons) of **Secure MCP** in 6 to 12 ounces of water, juice, non-fat milk, smoothie, etc. Use more or less liquid to achieve the desired flavor intensity. **Secure MCP** is so nutritious and low in calories, it provides the flexibility to be a healthy delicious meal or snack that will fit perfectly into any weight-management plan. **Secure MCP** is not intended to be used as an exclusive source of nutrition, but to be used once or twice daily to help achieve one's weight management goals. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**

**100% SOLAR PRODUCTION  
ZERO CARBON FOOTPRINT**

**QUESTIONS? REORDERS?**

**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs,  
Henderson, NV 89011**



100% SOLAR PRODUCTION



ZERO CARBON FOOTPRINT

**Chocolate**



**Delicious and Nutritious**

# secure<sup>®</sup>mcp

complete meal replacement

Only 63 Calories per Meal • Low Fat • Low Sodium  
Lactose-Free • 20 Vitamins & Minerals  
7g Marine Collagen Peptides • Gluten-Free



19 oz (1.2 lb) (540 g) • 30 Servings

**Secure MCP Complete Meal Replacement** is a Marine Collagen Peptide based version of our great tasting chocolate shake that, at only 63 calories, is also the world's lowest calorie meal replacement. It is also a healthy source of protein, fiber, and 20 essential vitamins and minerals. Each delicious and satisfying serving delivers 7 grams of ultra-high quality protein as Marine Collagen Peptides. For those counting "carbs", **Secure MCP** delivers only 5 grams of carbohydrate with 2 grams of healthy fiber and provides between 50% and 500% of the RDI of 10 essential vitamins, plus 9 vital minerals, including 200 milligrams of calcium. **Secure MCP** uniquely provides a highly soluble source of the precise collagen peptides required to build and maintain the healthy collagen structure of our skin, hair and nails, as well as our joints, bones and blood vessels. **Secure MCP's** rich flavor and texture also makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, collagen peptides, fiber and phytonutrients. **Secure MCP** is designed to be the best tasting, reduced calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without all of the undesirable calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich **Secure MCP** is designed to be more than the most impressive meal replacement on paper, but also the most delicious in your mouth as well. Controlling our intake of food can be difficult, but **Secure MCP's** great taste and caloric composition make it easy and enjoyable to embrace a weight loss regimen that actually works.

**Ingredients:** Marine Collagen Peptides, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble dietary fiber), Cocoa Powder, Calcium Citrate, Natural & Artificial Flavors. **Contains 2 Percent or less of:** Magnesium Oxide, Calcium Ascorbate, Potassium Citrate, Acesulfame Potassium (non-nutritive sweetener), Sucralose (non-nutritive sweetener), d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Cholecalciferol, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Pyridoxine Hydrochloride, Methylcobalamin (Proprietary Protective Methyl B12 Matrix), Thiamin Hydrochloride, Riboflavin, Chromium Nicotinate, Biotin. **Contains a primary ingredient derived from fish (tilapia).**

*This package is sold by weight, not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.*

## Nutrition Facts

30 servings per container

Serving size 1 Scoop (18g) (6 1/2 tsp.)

### Calories

**63**

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>	Vitamin C 60 mg	70%
Saturated Fat 0g	<b>0%</b>	Vitamin E 10 mg (15 IU)	70%
Trans Fat 0g		Vitamin B1 0.8 mg	70%
<b>Cholesterol</b> 0mg	<b>0%</b>	Vitamin B2 0.9 mg	70%
<b>Sodium</b> 25mg	<b>1%</b>	Niacin 10 mg	60%
<b>Total Carbohydrate</b> 7g	<b>3%</b>	Pantothenic Acid 5 mg	100%
Dietary Fiber 2g	<b>7%</b>	Vitamin B6 1 mg	60%
Total Sugars 5g		Vitamin B12 12 mcg	500%
Includes 4g Added Sugars	<b>8%</b>	Folate 167 mcg DFE (100 mcg folic acid)	40%
<b>Protein</b> 7g		Biotin 150 mcg	500%
Marine Collagen Peptides 7g		Phosphorus 0 mg	0%
		Magnesium 100 mg	25%
Vitamin D3 10 mcg (400 IU)	50%	Zinc 1.1 mg	10%
Calcium 200 mg	15%	Selenium 25 mcg	45%
Iron 0.3 mg	2%	Copper 0.04 mg	4%
Potassium 100 mg	2%	Chromium 60 mcg	170%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.