

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**

**100% SOLAR PRODUCTION  
ZERO-CARBON FOOTPRINT**

**PROCAPS  
LABORATORIES**

**QUESTIONS? REORDERS?**

**800.800.1200 PROCAPS.COM**

**Manufactured by ProCaps Labs  
Henderson, NV 89011**

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608295-07M

Dietary Supplement | **240** Easy-to-Swallow Capsules

**ANDREW LESSMAN**



# TURMERIC & GINGER EXTRACTS

Soothing Relief for Joints & Digestion  
Extremely Rich in Protective Compounds



**TURMERIC & GINGER EXTRACTS** provides standardized extracts of related plants that offer soothing relief to our joints and digestive system. Turmeric is a centuries-old traditional medicine and Asian spice that is also the main flavor in Indian curry. Clinical science now validates the science behind Turmeric's extensive health benefits; however, delivering those benefits requires more than "spice in a pill." As a spice, flavor is what matters, but in a beneficial supplement, Turmeric's protective curcuminoids require special attention. To enhance its activity, we complex our Turmeric with phosphatidylcholine (PC) – the most important phospholipid in our liver and brain. This unique complex ensures optimum benefits by protecting Turmeric's curcuminoids from digestive damage and rapid excretion. Ginger Root has also been used for centuries as a traditional medicine and popular spice. Ginger was among the first spices brought to the New World and it has been soothing overworked joints and upset stomachs for centuries. Unlike typical Ginger spice, our Ginger is standardized to provide high levels of the all-important gingerols. In short, **Turmeric and Ginger Extracts** delivers natural, soothing relief for our challenged joints and sensitive digestive system.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

<b>Supplement Facts</b>		Serving Size 1 Capsule
		Servings Per Container 240
Amount Per Serving		% DV*
Vitamin C (as palmitate/calcium ascorbate)	30 mg	33%
Ginger, extract/powder (root)	200 mg	†
standardized to 5% gingerols/1.5% volatile oil		
Curcumin Phospholipid Complex	200 mg	†
(Turmeric, 95% extract (root) and phospholipids)		
Total Curcuminoids	75 mg	†
Total Phospholipids	35 mg	†

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule (acid resistant). **CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.