

SUGGESTED USE Consume two capsules daily. You can increase or decrease your intake based upon your needs and as guided by your health care provider. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.

**100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT**

**PROCAPS
LABORATORIES**

QUESTIONS? REORDERS?

800.800.1200 PROCAPS.COM

**Manufactured by ProCaps Labs
Henderson, NV 89011**

548390



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Dietary Supplement | **360** Easy-to-Swallow Capsules



ANDREW LESSMAN

**PROCAPS
LABORATORIES**



BREAST HEALTH™

Protective Phytonutrients
Indole-3-Carbinol | Sulforaphane



BREAST HEALTH is designed to support the health of the delicate tissues of a woman's breast. This formula provides plant-based protection that targets breast tissue. These protective compounds offer natural support for the healthy structure of the cells that make up this delicate tissue. We start with indole-3-carbinol, naturally found in cruciferous vegetables (particularly cauliflower), which helps support and maintain the health of the breast along with normal estrogen activity in breast tissue. We then add sulforaphane, another ingredient from healthy cruciferous vegetables, which, among many beneficial properties, promotes the body's internal production of one of its most important protective compounds - glutathione. No breast health formula would be complete without the protective properties of our green tea extract, which is standardized to provide high levels of its most important protective polyphenols, including all-important epigallocatechin gallate (EGCG). We also add the three protective carotenoids: lutein, lycopene and zeaxanthin, given their high concentration in female reproductive and breast tissue. We also add the additional protection of OPCs (oligomeric proanthocyanidins) from our standardized grape seed extract, along with our turmeric extract and its standardized curcumin-phospholipid complex. We also support these plant-based ingredients with vitamins D and C, along with our unique absorption-protected methylcobalamin (natural coenzyme vitamin B12) and folate complex. The end result is a comprehensive array of standardized, plant-based ingredients and nutrients that provide unprecedented support for the health of the fragile tissues of a woman's breast.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

| Amount Per Serving | | % DV* |
|--|--------------------------------|--------------|
| Vitamin C (as calcium ascorbate) | 100 mg | 111% |
| Vitamin D ₃ (as cholecalciferol) | 2.5 mcg (100 IU) | 13% |
| Vitamin B12 (as methylcobalamin) | 50 mcg | 2,083% |
| Folate Complex (as L-5-methyltetrahydrofolate/folic acid) | 67 mcg DFE (25 mcg folic acid) | 17% |
| Calcium (as Ca carbonate/ascorbate) | 50 mg | 4% |
| Green Tea, extract (leaf) standardized to 98% polyphenols Epigallocatechin Gallate | 250 mg 125 mg | † |
| Indole-3-Carbinol | 150 mg | † |
| Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate | 75 mg | † |
| Grape Seed, extract (seed) standardized to 95% polyphenols | 40 mg | † |
| Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids) | 40 mg | † |
| Lutein | 3 mg (3,000 mcg) | † |
| Lycopene | 3 mg (3,000 mcg) | † |
| Zeaxanthin | 600 mcg | † |

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protected Coenzyme B12.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.