

SUGGESTED USE Consume one capsule daily—preferably with food. You can increase your intake based upon your needs and as guided by your health care provider. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

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SPICE of LIFE™

Standardized Antioxidant Spices

Deodorized Garlic · Activated Curcumin
Oregano · Rosemary · Thyme · Sage
Wasabi · Mustard Seed



Dietary Supplement | **240** Easy-to-Swallow Capsules

SPICE of LIFE is more than a potent, deodorized garlic product. It is an all-natural blend of extracts and concentrates from powerful, health-promoting spices from around the world. For millennia, it has been the uniquely pungent flavor of these spices that have made them so precious. Today, like so many traditional remedies, it is their scientifically established health benefits that fuel our interest. **Spice of Life** delivers eight well-researched spices providing a comprehensive range of powerful, protective compounds and benefits. **Spice of Life** begins with our mild, but potent, deodorized garlic concentrate, which delivers an array of garlic's most protective sulfur-based compounds, including allicin and alliin. We also include our standardized turmeric extract, which provides our activated curcumin-phospholipid complex. Turmeric is India's most well-known, health-promoting spice, and our unique complex ensures you can enjoy its long list of health benefits. We also look to the Mediterranean diet and provide the powerful, protective benefits of standardized extracts of oregano, rosemary, sage and thyme. **Spice of Life** delivers highly standardized extracts of the spices wasabi and mustard seed, which are technically members of the healthy cruciferous vegetable family. **Spice of Life** is an extraordinary array of exceptional standardized extracts, specifically selected to deliver precise levels of the targeted beneficial compounds we seek in each ingredient.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving		
Garlic, ultra-concentrate (bulb)	200 mg	†
10,000 mcg allicin per gram/22,000 mcg alliin per gram		
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	40 mg	†
Oregano, extract (leaf) 10% thymol	40 mg	†
Rosemary, extract (leaf) 6% carnosic acids	40 mg	†
Sage, extract (leaf) 2.5% rosmarinic acids/4-6% essential oils	40 mg	†
Thyme, extract (leaf) 20:1 concentrate	40 mg	†
Mustard Seed, extract (seed) 10% glucosinolates	20 mg	†
Wasabi, extract (root) 0.75% glucosinolates	20 mg	†

† Daily Value not established.

Other Ingredients: Gelatin capsule.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.