

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**



ANDREW LESSMAN



# CRUCIFEROUS EXTRACTS™

Broccoli · Red Cabbage · Wasabi  
Mustard Seed · Kale · Brussels Sprouts



Since 1979, Unsurpassed Purity, Quality and Efficacy.  
100% SOLAR PRODUCTION  
ZERO-CARBON FOOTPRINT



**QUESTIONS? REORDERS?**  
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs  
Henderson, NV 89011



**CRUCIFEROUS EXTRACTS** is a unique combination of powerful extracts from what are now accepted as the healthiest of vegetables – cruciferous. Cruciferous vegetables are the healthy vegetables children love to hate and sadly, they don't fare much better with adults. Given our limited consumption of these vegetables, a supplement is the only other means of enjoying their remarkable benefits. Our **Cruciferous Extracts** formula delivers standardized extracts of key compounds from a wide variety of cruciferous vegetables, including broccoli, brussels sprouts, cabbage, kale, mustard seed and Japanese wasabi. The most important of these cruciferous extracts are the glucosinolates, including sulforaphane. Glucosinolates are a very broad family of extremely beneficial compounds that give cruciferous vegetables their characteristic taste and are responsible for their health benefits. Five of the six extracts in this formula (Broccoli, Brussels Sprouts, Kale, Wasabi and Mustard Seed) are standardized for high levels of glucosinolates, including the remarkable 10% level found in our Mustard Seed Extract. Our Broccoli extract is our most potent ever at an amazing standardization of 1.2% sulforaphane glucosinolate, the compound attributed with broccoli's long list of health benefits. We round out the formula with an extract of Red Cabbage standardized for high levels of polyphenols and anthocyanins. Our **Cruciferous Extracts** provides a unique blend of standardized extracts from a broad array of cruciferous vegetables to provide a convenient and economical tool to help overcome the absence of these remarkable foods and their health benefits from our diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

<b>Supplement Facts</b>		
Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving	% DV*	
Vitamin C (as Ca ascorbate/palmitate)	30 mg	33%
Broccoli, extract (sprout/seed)	80 mg	†
standardized to 1.2% sulforaphane glucosinolate		
Red Cabbage, extract (leaf)	80 mg	†
standardized to 20% polyphenols/7.5% anthocyanins		
Mustard Seed, extract (seed)	40 mg	†
standardized to 10% glucosinolates		
Wasabi, extract (root)	20 mg	†
standardized to 0.75% glucosinolates		
Brussels Sprouts, powder (sprout)	20 mg	†
standardized to 0.3% glucosinolates		
Kale, powder (leaf)	20 mg	†
standardized to 0.2% glucosinolates		
<b>Total Glucosinolates:</b>	<b>8 mg (8,000 mcg)</b>	<b>†</b>

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Gelatin capsule.  
**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.