


**SUGGESTED USE** Drink throughout the day or before, during and after any activity or exercise as a nutrient-rich means of providing hydration and energy. Mix one level scoop of **Body Fuel** with six to eight ounces of water and stir until dissolved. *Although extremely soluble in water, this product dissolves more rapidly at room temperature than in cold water.* **For questions about the use of this product call 800.332.7799.**

**CAUTION** Those with carbohydrate metabolism disorders should use this product with professional guidance.

This package is sold by weight not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.




**UNSURPASSED.**  
*Purity. Quality. Integrity. Effectiveness.*

*Andrew Lessman*  
Andrew Lessman  
Founder of ProCaps Labs

**QUESTIONS?**  
CALL 800.800.1200  
www.PROCAPSLABS.com

**MANUFACTURED BY**



# BODY FUEL®

## ULTIMATE ENERGY DRINK

200 MG VITAMIN C • COMPLETE B-COMPLEX • 200 MG POTASSIUM

CONTAINS NO SODIUM, COLORS OR ARTIFICIAL FLAVORS



NATURAL LEMON-LIME FLAVOR



45 oz (2.8 lb.)(1.28 kg) • 60 Servings

**Andrew Lessman's BODY FUEL** is a nutritious blend of energy nutrients consisting of a combination of complex carbohydrates (glucose polymers) and fructose for both immediate and sustained "timed release" energy. It provides the "favorite fuel" for your brain to sustain you through periods of fatigue better than the empty calories and sugar crash that will follow a candy bar or other unhealthy snack or beverage. **Body Fuel** also contains high levels of most B-Complex vitamins to aid in energy production and fat metabolism, since just as a car can't burn fuel without spark plugs, the human body can't create energy or burn fat without the B-Complex vitamins. Since stress, including exercise, depletes these vital nutrients, **Body Fuel** delivers high potencies of all the B-Complex vitamins to support energy production and fat-burning metabolism. Each serving also contains over 200% of the RDI of Vitamin C because of its role in carnitine synthesis, which is essential for all fat-burning metabolism. Vitamin C also acts as a protective anti-oxidant to scavenge the damaging free radicals that can result from exercise. Since the B-Complex vitamins and Vitamin C can be lost through exercise, drinking **Body Fuel** before, during or after activity helps restore these vital and protective nutrients. **Body Fuel** provides Potassium because it is a vital electrolyte that is critical for healthy heart and brain function, but it is difficult to acquire by diet and is easily depleted by physical activity. Lastly, because many individuals restrict sodium intake and because sodium is so easily acquired in the diet, **Body Fuel contains NO Sodium.**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Nutrition Facts

60 servings per container	
<b>Serving size</b>	<b>1 Scoop (21g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>80</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 16g	
Includes 16g Added Sugars	<b>32%</b>
<b>Protein</b> 0g	<b>0%</b>
Vitamin D3 0 mcg	0%
Calcium 0 mg	0%
Iron 0mg	0%
Potassium 200 mg	4%
Vitamin C 200 mg	220%
Vitamin B1 2.5 mg	210%
Vitamin B2 2.5 mg	190%
Niacin 2.5 mg	15%
Pantothenic Acid 12.5 mg	250%
Vitamin B6 2.5 mg	150%
Vitamin B12 25 mcg	1,040%
Folate 42 mcg DFE (25 mcg folic acid)	10%
Biotin 25 mcg	80%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Fructose, Maltodextrin, Natural Lemon-Lime Flavoring, Potassium Citrate. **Contains 2 Percent or less of:** Potassium Ascorbate, Citric Acid, Calcium Pantothenate, Niacinamide, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin (Proprietary Protective B12 Matrix), Folic Acid, Biotin.