

**SUGGESTED USE** Consume one capsule daily or as recommended by your physician. For best results take this product with food, preferably a complete meal. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**

**WARNING** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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# IRON PLUS™

18 MG ELEMENTAL IRON PLUS VITAMIN C  
AMINO ACID CHELATE



360 Easy-to-Swallow Capsules

**Andrew Lessman's IRON PLUS** is an all-natural, 100% pure amino acid chelated Iron supplement. Iron is an essential mineral, which cannot be produced by your body and must be obtained from your diet or as part of a nutritional supplement. The **Iron Plus** unique additive-free formula delivers Iron in its two most active amino acid chelated forms: Glycinate and Aspartate. The Iron Glycinate and Iron Aspartate in this product are also combined with our specially profiled blend of amino acids, plus Vitamin C. Vitamin C has been shown to significantly increase iron absorption.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 360

Amount Per Serving		%DV*
Vitamin C (as ascorbic acid)	120 mg	133%
Iron (12mg as iron bisglycinate/6mg as iron aspartate)	18 mg	100%
Proprietary Amino Acid Matrix (as L-Glycine and L-Aspartic Acid)	465 mg	†

\* %DV are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Gelatin capsule.

