

**TYPE 2**0 G ADDED SUGAR  
1 G TOTAL SUGAR

# secure

complete meal replacement bar

Gluten-Free • Vegan  
Dairy-Free • Non-GMO**Chocolate  
Brownie  
Almond  
Crunch**16 Vitamins & Minerals  
50% RDI of 9 Vitamins  
200% RDI of B12 & Biotin10g Protein  
5g Fiber0g Trans Fat  
0mg Cholesterol

sweetened with stevia

12 bars

190 Calories per bar • 10 g Protein • 5 g Fiber

12 - 1.41 oz (40 g) BARS  
Net Wt. 16.9 oz (480 g)**Nutrition Facts**

12 servings per box

Serving size

1 bar (40 g)

Amount per serving

**Calories****190**

% Daily Value\*

**Total Fat** 13 g **17%**Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%****Sodium** 190 mg **8%****Total Carbohydrate** 13 g **5%**Dietary Fiber 5 g **18%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%****Protein** 10 gVitamin D3 10 mcg (400 IU) **50%**Calcium 100 mg **8%**Iron 4 mg **20%**Potassium 218 mg **6%**Vitamin C 50 mg **50%**Vitamin E 7.5 mg (11 IU) **50%**Vitamin B1 0.6 mg **50%**Vitamin B2 0.65 mg **50%**Niacin 8 mg **50%**Pantothenic Acid 2.5 mg **50%**Vitamin B6 0.85 mg **50%**Vitamin B12 4.8 mcg **200%**Folate 200 mcg DFE **50%**Biotin 60 mcg **200%**Magnesium 50 mg **15%**\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.**TYPE 2**0 G ADDED SUGAR  
1 G TOTAL SUGARGluten-Free • Vegan  
Dairy-Free • Non-GMO

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complete meal replacement bar

**Chocolate  
Brownie  
Almond  
Crunch**

16 Vitamins &amp; Minerals • 190 Calories per bar • 10 g Protein

**TYPE 2 secure Complete Meal Replacement Bars** are delicious, nutritious, economical and above all, exceptionally low in sugar. They are gluten-free, dairy-free, vegan and non-GMO. Each 190-calorie bar contains zero grams added sugar and barely 1 gram total sugar, along with 10 g of protein and 50% to 200% of the RDI of all B-vitamins, plus 50% of the RDI of vitamins C, D and E. **secure** is designed to be the most delicious and nutritious meal replacement or protein bar you have ever tasted. In addition to high levels of protein, vitamins and minerals, **TYPE 2 secure** is rich in prebiotic fiber to support a healthy microbiome. **TYPE 2 secure** is specifically formulated to support healthy blood sugar and avoid blood sugar spikes for those seeking to reduce sugar intake. **TYPE 2 secure** is not just delicious and satisfying, but also formulated to meet the most demanding nutritional requirements.

Meal replacements have long been scientifically established as perhaps the most straightforward and reliable weight management tool, but sadly, typical meal replacements are neither enjoyable nor healthy. **secure** reinvents the experience and advances the science of meal replacements making them as delicious and enjoyable as they are nutritious and healthy. *Enjoy!*

**Ingredients:** Almonds, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Glycerin, Cocoa Powder (Processed with Alkali), Unsweetened Chocolate, Cocoa Butter, Natural Flavors, Soy Lecithin, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, Magnesium Citrate, d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Sea Salt, Stevia Extract. **Contains: Soy and Almonds.** Produced in a facility that also processes peanuts. **Not a low calorie food.**

**TYPE 2**0 G ADDED SUGAR  
1 G TOTAL SUGAR

# secure

complete meal replacement bar

Gluten-Free • Vegan  
Dairy-Free • Non-GMOPeanut  
Butter  
Chocolate  
Chip16 Vitamins & Minerals  
50% RDI of 9 Vitamins  
200% RDI of B12 & Biotin10g Protein  
5g Fiber0g Trans Fat  
0mg Cholesterol

sweetened with stevia

12 bars

190 Calories per bar • 10 g Protein • 5 g Fiber

12 - 1.41 oz (40 g) BARS  
Net Wt. 16.9 oz (480 g)

## Nutrition Facts

12 servings per box

Serving size **1 bar (40 g)**

Amount per serving

**Calories** **190**

% Daily Value\*

**Total Fat** 12 g **15%**Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%****Sodium** 240 mg **11%****Total Carbohydrate** 14 g **5%**Dietary Fiber 5 g **18%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%****Protein** 10 gVitamin D3 10 mcg (400 IU) **50%**Calcium 100 mg **8%**Iron 1 mg **6%**Potassium 151 mg **4%**Vitamin C 50 mg **50%**Vitamin E 7.5 mg (11 IU) **50%**Vitamin B1 0.6 mg **50%**Vitamin B2 0.65 mg **50%**Niacin 8 mg **50%**Pantothenic Acid 2.5 mg **50%**Vitamin B6 0.85 mg **50%**Vitamin B12 4.8 mcg **200%**Folate 200 mcg DFE **50%**Biotin 60 mcg **200%**Magnesium 50 mg **15%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**TYPE 2**0 G ADDED SUGAR  
1 G TOTAL SUGARGluten-Free • Vegan  
Dairy-Free • Non-GMO

# secure

complete meal replacement bar

Peanut  
Butter  
Chocolate  
Chip

16 Vitamins &amp; Minerals • 190 Calories per bar • 10 g Protein

**TYPE 2 secure Complete Meal Replacement Bars** are delicious, nutritious, economical and above all, exceptionally low in sugar. They are gluten-free, dairy-free, vegan and non-GMO. Each 190-calorie bar contains zero grams added sugar and barely 1 gram total sugar, along with 10 g of protein and 50% to 200% of the RDI of all B-vitamins, plus 50% of the RDI of vitamins C, D and E. **secure** is designed to be the most delicious and nutritious meal replacement or protein bar you have ever tasted. In addition to high levels of protein, vitamins and minerals, **TYPE 2 secure** is rich in prebiotic fiber to support a healthy microbiome. **TYPE 2 secure** is specifically formulated to support healthy blood sugar and avoid blood sugar spikes for those seeking to reduce sugar intake. **TYPE 2 secure** is not just delicious and satisfying, but also formulated to meet the most demanding nutritional requirements.

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**Ingredients:** Peanuts, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Almonds, Glycerin, Chocolate Chips (Unsweetened Chocolate, Allulose, Sunflower Lecithin), Cocoa Butter, Allulose, Peanut Extract, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, Magnesium Citrate, d-alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Sea Salt, Soy Lecithin, Natural Flavors, Stevia Extract.  
**Contains: Soy, Almonds and Peanuts. Not a low calorie food.**

**TYPE 2** 0 G ADDED SUGAR  
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# secure

complete meal replacement bar

Gluten-Free • Vegan  
Dairy-Free • Non-GMO

Coconut  
Almond  
Cookie  
Crunch

16 Vitamins & Minerals  
50% RDI of 9 Vitamins  
200% RDI of B12 & Biotin

10g Protein  
5g Fiber

0 g Trans Fat  
0 mg Cholesterol

sweetened with stevia

12 bars

190 Calories per bar • 10 g Protein • 5 g Fiber

12 - 1.41 oz (40 g) BARS  
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## Nutrition Facts

12 servings per box  
Serving size 1 bar (40 g)  
Amount per serving

<b>Calories</b>	<b>190</b>
	% Daily Value*
<b>Total Fat</b> 13 g	<b>17%</b>
Saturated Fat 3 g	<b>15%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 170 mg	<b>7%</b>
<b>Total Carbohydrate</b> 13 g	<b>5%</b>
Dietary Fiber 5 g	<b>18%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 10 g	
Vitamin D3 10 mcg (400 IU)	50%
Calcium 100 mg	8%
Iron 2 mg	8%
Potassium 195 mg	6%
Vitamin C 50 mg	50%
Vitamin E 7.5 mg (11 IU)	50%
Vitamin B1 0.6 mg	50%
Vitamin B2 0.65 mg	50%
Niacin 8 mg	50%
Pantothenic Acid 2.5 mg	50%
Vitamin B6 0.85 mg	50%
Vitamin B12 4.8 mcg	200%
Folate 200 mcg DFE	50%
Biotin 60 mcg	200%
<b>Magnesium</b> 50 mg	<b>15%</b>

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