

TYPE 2 0 G ADDED SUGAR
1 G TOTAL SUGAR

secure®

complete meal replacement bar

Gluten-Free • Vegan
Dairy-Free • Non-GMO

**Chocolate
Brownie
Almond
Crunch**

16 Vitamins & Minerals
50% RDI of 9 Vitamins
200% RDI of B12 & Biotin

10g Protein
5 g Fiber

0 g Trans Fat
0 mg Cholesterol

sweetened with sucralose

12 bars

190 Calories per bar • 10 g Protein • 5 g Fiber

12 - 1.41 oz (40 g) BARS
Net Wt. 16.9 oz (480 g)

Nutrition Facts

12 servings per box
Serving size 1 bar (40 g)

Amount per serving
Calories 190

% Daily Value*

Total Fat 13 g 17%

Saturated Fat 3 g 15%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 190 mg 8%

Total Carbohydrate 13 g 5%

Dietary Fiber 5 g 18%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

Protein 10 g

Vitamin D3 10 mcg (400 IU) 50%

Calcium 100 mg 8%

Iron 4 mg 20%

Potassium 218 mg 6%

Vitamin C 50 mg 50%

Vitamin E 7.5 mg (11 IU) 50%

Vitamin B1 0.6 mg 50%

Vitamin B2 0.65 mg 50%

Niacin 8 mg 50%

Pantothenic Acid 2.5 mg 50%

Vitamin B6 0.85 mg 50%

Vitamin B12 4.8 mcg 200%

Folate 200 mcg DFE 50%

Biotin 60 mcg 200%

Magnesium 50 mg 15%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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16 Vitamins & Minerals • 190 Calories per bar • 10 g Protein

TYPE 2 secure Complete Meal Replacement Bars are delicious, nutritious, economical and above all, exceptionally low in sugar. They are gluten-free, dairy-free, vegan and non-GMO. Each 190-calorie bar contains zero grams added sugar and barely 1 gram total sugar, along with 10 g of protein and 50% to 200% of the RDI of all B-vitamins, plus 50% of the RDI of vitamins C, D and E. **secure** is designed to be the most delicious and nutritious meal replacement or protein bar you have ever tasted. In addition to high levels of protein, vitamins and minerals, **TYPE 2 secure** is rich in prebiotic fiber to support a healthy microbiome. **TYPE 2 secure** is specifically formulated to support healthy blood sugar and avoid blood sugar spikes for those seeking to reduce sugar intake. **TYPE 2 secure** is not just delicious and satisfying, but also formulated to meet the most demanding nutritional requirements.

Meal replacements have long been scientifically established as perhaps the most straightforward and reliable weight management tool, but sadly, typical meal replacements are neither enjoyable nor healthy. **secure** reinvents the experience and advances the science of meal replacements making them as delicious and enjoyable as they are nutritious and healthy. *Enjoy!*

Ingredients: Almonds, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Glycerin, Cocoa Powder (Processed with Alkali), Unsweetened Chocolate, Cocoa Butter, Natural Flavors, Soy Lecithin, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, Magnesium Citrate, d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Sea Salt, Sucralose. **Contains: Soy and Almonds.** Produced in a facility that also processes peanuts. Not a low calorie food.

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50% RDI of 9 Vitamins
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5 g Fiber

0 g Trans Fat
0 mg Cholesterol

sweetened with sucralose

Gluten-Free • Vegan
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Peanut
Butter
Chocolate
Chip

12 bars

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% Daily Value*

Total Fat 12 g 15%

Saturated Fat 3 g 15%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 240 mg 11%

Total Carbohydrate 14 g 5%

Dietary Fiber 5 g 18%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

Protein 10 g

Vitamin D3 10 mcg (400 IU) 50%

Calcium 100 mg 8%

Iron 1 mg 6%

Potassium 151 mg 4%

Vitamin C 50 mg 50%

Vitamin E 7.5 mg (11 IU) 50%

Vitamin B1 0.6 mg 50%

Vitamin B2 0.65 mg 50%

Niacin 8 mg 50%

Pantothenic Acid 2.5 mg 50%

Vitamin B6 0.85 mg 50%

Vitamin B12 4.8 mcg 200%

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Peanut
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Ingredients: Peanuts, Non-GMO Soy Protein Isolate, Inulin (prebiotic fiber), Almonds, Glycerin, Chocolate Chips (Unsweetened Chocolate, Allulose, Sunflower Lecithin), Cocoa Butter, Allulose, Peanut Extract, Vitamin Mineral Blend (Calcium Citrate/Ascorbate/Carbonate, Magnesium Citrate, d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Methylfolate, Pyridoxine HCl, Cholecalciferol, Thiamine HCl, Riboflavin, Methylcobalamin, Biotin), Sea Salt, Soy Lecithin, Natural Flavors, Sucralose.
Contains: Soy, Almonds and Peanuts. Not a low calorie food.

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Gluten-Free • Vegan
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Coconut
Almond
Cookie
Crunch

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10g Protein
5 g Fiber

0 g Trans Fat
0 mg Cholesterol

sweetened with sucralose

12 bars

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1 bar (40 g)

Amount per serving

Calories

190

% Daily Value*

Total Fat 13 g **17%**

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Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 170 mg **7%**

Total Carbohydrate 13 g **5%**

Dietary Fiber 5 g **18%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

Protein 10 g

Vitamin D3 10 mcg (400 IU) **50%**

Calcium 100 mg **8%**

Iron 1 mg **6%**

Potassium 195 mg **6%**

Vitamin C 50 mg **50%**

Vitamin E 7.5 mg (11 IU) **50%**

Vitamin B1 0.6 mg **50%**

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