

SUGGESTED USE Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

CAUTION Do not use while pregnant, nursing or seeking to become pregnant. Do not use if taking anticoagulant drugs without the approval of physician. Discontinue use before surgery.

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT

PROCAPS
QUESTIONS? REORDERS?
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs
Henderson, NV 89011
919288
©2025 ProCaps Laboratories 609258-01M Dietary Supplement



MEMORY & BRAIN

Vinpocetine · Ginkgo · Huperzine
L-Theanine · Curcumin · Ashwagandha
Ginseng · Bacopa · Vitamin D3
Methyl B12 · Full B-Complex



360 EASY-TO-SWALLOW CAPSULES

MEMORY & BRAIN provides our most comprehensive, natural support for memory, brain, cognition and mental acuity. A human being's defining feature is our brain's remarkable abilities; yet, as we age, we all experience changes in memory, cognition and brain function. **Memory & Brain** contains standardized extracts of seven different botanicals all with established benefits supporting memory and brain function. We begin with ginkgo biloba and vinpocetine to support healthy circulation to the brain and then add huperzine from Chinese club moss to support optimum neurotransmitter levels. We then add panax (Asian) ginseng, along with standardized extracts of bacopa, turmeric and ashwagandha given their history of use in traditional Ayurvedic medicine. We also include the amino acid L-theanine, naturally found in green tea to support focus and mental acuity. We include vitamin D3, given its essential role in healthy brain function, particularly as we age. We also include a full B-complex, including methyl B12 and methyl folate given their critical role in brain and nervous system function. In short, **Memory & Brain** is by far our most comprehensive formula for memory, brain and cognitive support at all stages of life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts		Serving Size 1 Capsule
Amount Per Serving		Servings Per Container 360
		% DV*
Vitamin C (as calcium ascorbate/palmitate)	30 mg	33%
Vitamin D3 (as cholecalciferol)	5 mcg (200 IU)	25%
Vitamin B1 (as thiamin hydrochloride)	2.5 mg	208%
Vitamin B2 (as riboflavin)	2.5 mg	192%
Niacin (as niacinamide)	2.5 mg	16%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	50%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.5 mg	147%
Vitamin B12 (as methylcobalamin)	25 mcg	1,042%
Folate (as L-5-methyltetrahydrofolate)	50 mcg DFE	13%
Ginkgo biloba, extract (leaf) standardized to 24% ginkgo flavone-glycosides/6% terpene lactones	120 mg	†
Bacopa Monnieri, extract (leaf) standardized to 50% bacosides	80 mg	†
Ashwagandha, extract (root) standardized to 5% withanolides	60 mg	†
Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	60 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	50 mg	†
L-Theanine	20 mg	†
Vinpocetine	15 mg	†
Huperzine A (from Huperzia serrata (aerial/root) extract)	100 mcg	†
* Percent Daily Values (% DV). † Daily Value not established.		
Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.		

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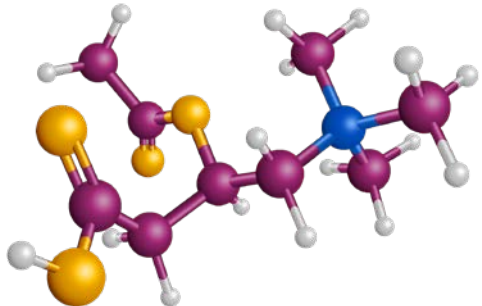
ANDREW LESSMAN






ACETYL L-CARNITINE 400

Optimum Brain Function and Fat Metabolism



**360 EASY-TO-SWALLOW CAPSULES**

ACETYL L-CARNITINE 400 is an ultra-high potency source of Acetyl L-Carnitine (ALC), which has long been recognized for its essential role in all fat and energy metabolism as well as healthy brain function. Acetyl L-Carnitine's importance for fat and energy metabolism stems from carnitine's role in the movement of ALL fat to the site in each cell where it can be burned. Not surprisingly, the highest levels of carnitine are found in those organs performing the greatest amount of energy metabolism, including our brain, heart and skeletal muscles where over 98% of the body's precious reserves of carnitine are found. Fat burning and weight loss are challenging and as long as we are making the appropriate dietary and lifestyle changes, we should also ensure an adequate supply of those nutrients required for optimum fat metabolism. Acetyl L-Carnitine's overall importance is underscored by its role in the brain where it can bypass the blood-brain barrier to deliver its benefits directly to the brain. At only 2% of bodyweight, the brain is relatively small, yet it consumes more than 20% of the body's total energy. A healthy brain requires an abundant and uninterrupted supply of energy and ALC supports those extreme energy requirements. ALC also supports healthy blood flow to the brain, which in turn promotes adequate oxygen and nutrient availability. ALC also facilitates the production of our brain's most vital neurotransmitter – Acetylcholine. In short, Acetyl L-Carnitine (ALC) is not just essential for all fat metabolism, but it also plays a critical, central role supporting optimum brain function.

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CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 360
Amount Per Serving	
Acetyl L-Carnitine (as acetyl L-carnitine HCl)	400 mg †
† Daily Value not established.	

Other Ingredients: Natural plant cellulose vegetarian capsule.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.