FOR OVER 40 YEARS Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

We Remain Uniquely Committed to You and the Planet. You have my unwavering Promise.

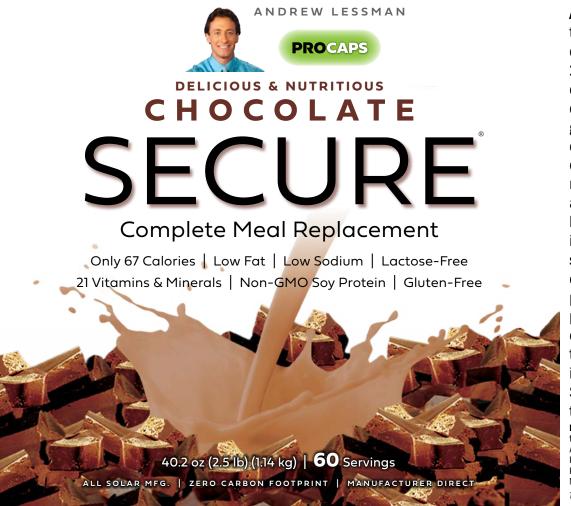




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Manufactured by ProCaps Labs, Henderson, NV 89011



Andrew Lessman's SECURE COMPLETE MEAL REPLACEMENT is a great tasting chocolate shake that, at only 67 calories, is also the world's lowest calorie meal replacement. It is also a healthy source of protein, fiber and Serving size 21 essential vitamins and minerals. Each delicious and satisfying serving delivers 7 grams of heart and bone healthy non-GMO soy protein. For those counting "carbs", SECURE delivers only 5 grams of carbohydrate with 2 grams of healthy fiber and provides between 50% and 500% of the RDI of 10 essential vitamins, plus 10 vital minerals, including 200 milligrams of Calcium. Soy has long been a staple food in the healthy Asian diet and non-GMO soy protein is the highest quality, complete, non-animal protein available today with a long list of scientific research attesting to its myriad health and weight-loss benefits. SECURE's rich flavor and texture also makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, protein, fiber and phytonutrients. SECURE is designed to be the best tasting, reduced calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without all of the undesirable calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich SECURE is designed to be more than the most impressive meal replacement on paper, but also the most delicious in your mouth as well. Controlling our intake of food can be difficult, but SECURE's great taste and caloric composition make it easy and enjoyable to embrace a weight-loss regimen that actually works.

Ingredients: Non-GMO Soy Protein Isolate, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble dietary fiber), Cocoa Powder, Calcium Citrate, Natural & Artificial Flavors. Contains 2 Percent or less of: Magnesium Oxide, Calcium Ascorbate, Acesulfame Potassium (non-nutritive sweetener), Sucralose (non-nutritive sweetener), d-alpha Tocopheryl Acetate, Potassium Citrate, Niacinamide, Calcium Pantothenate, Cholecalciferol, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Pyridoxine Hydrochloride, Methylcobalamin (Proprietary Protective Methyl B12 Matrix), Thiamin Hydrochloride, Riboflavin, Chromium

This package is sold by weight not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.

Nutrition Facts

60 servings per container

1 Scoop (19g) (6 1/2 tsp.)

Amount per serving

Calories

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat Og	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 60mg	3%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 7g	14%
Soy Protein 7g	
Vitamin D3 10 mcg (400 IU)	50%
Calcium 200 mg	15%
Iron 1 mg	6%
Potassium 160 mg	4%
Vitamin C 60 mg	70%
Vitamin E 10 mg (15 IU)	70%
Vitamin B1 0.8 mg	70%
Vitamin B2 0.9 mg	70%
Niacin 10 mg	60%
Pantothenic Acid 5 mg	100%
Vitamin B6 1 mg	60%
Vitamin B12 12 mcg	500%
Folate 167 mcg DFE (100 mcg folic acid)	40%
Biotin 150 mcg	500%
Phosphorus 73 mg	6%
Magnesium 100 mg	25%
Zinc 1.4 mg	15%
Selenium 25 mcg	45%
Copper 0.1 mg	10%
Chromium 60 mcg	170%
*The % Daily Value (DV) tells you how much a nutrient in a serving	of food contributes to a daily

diet, 2,000 calories a day is used for general nutrition advice

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Only 63 Calories | Low Fat | Low Sodium | Lactose-Free 21 Vitamins & Minerals | Non-GMO Soy Protein | Gluten-Free

38.1 oz (2.4 lb) (1.08 kg) | **60** Servings ALL SOLAR MFG. ZERO CARBON FOOTPRINT | MANUFACTURER DIRECT **Andrew Lessman's SECURE COMPLETE MEAL REPLACEMENT** is a great tasting vanilla shake that, at only 63 calories, is also the world's lowest calorie meal replacement. It is also a healthy source of protein, fiber and Serving size 21 essential vitamins and minerals. Each delicious and satisfying serving delivers 7 grams of heart and bone healthy non-GMO soy protein. For those counting "carbs", SECURE delivers only 5 grams of carbohydrate with 2 grams of healthy fiber and provides between 50% and 500% of the RDI of 10 essential vitamins, plus 10 vital minerals, including 200 milligrams of Calcium. Soy has long been a staple food in the healthy Asian diet and non-GMO soy protein is the highest quality, complete, non-animal protein available today with a long list of scientific research attesting to its myriad health and weight-loss benefits. SECURE's rich flavor and texture also makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, protein, fiber and phytonutrients. SECURE is designed to be the best tasting, reduced calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without all of the undesirable calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich SECURE is designed to be more than the most impressive meal replacement on paper, but also the most delicious in your mouth as well. Controlling our intake of food can be difficult, but SECURE's great taste and caloric composition make it easy and enjoyable to embrace a weight-loss regimen that actually works. Ingredients: Non-GMO Soy Protein Isolate, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble

dietary fiber), Calcium Citrate. Contains 2 Percent or less of: Natural & Artificial Flavors, Magnesium Oxide, Calcium Ascorbate, Acesulfame Potassium (non-nutritive sweetener), Sucralose (non-nutritive sweetener), d-alpha Tocopheryl Acetate, Potassium Citrate, Niacinamide, Calcium Pantothenate, Cholecalciferol, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Pyridoxine Hydrochloride, Methylcobalamin (Proprietary Protective Methyl B12 Matrix), Thiamin Hydrochloride, Riboflavin, Chromium

Nicotinate, Biotin, Contains Sov. This package is sold by weight not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.

Nutrition Facts

60 servings per container

1 Scoop (18g) (6 1/2 tsp.)

Amount per serving

Calories

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 60mg	3%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 7g	14%
Soy Protein 7g	
Vitamin D ₃ 10 mcg (400 IU)	50%
Calcium 200 mg	15%
Iron 0.9 mg	6%
Potassium 100 mg	2%
Vitamin C 60 mg	70%
Vitamin E 10 mg (15 IU)	70%
Vitamin B1 0.8 mg	70%
Vitamin B2 0.9 mg	70%
Niacin 10 mg	60%
Pantothenic Acid 5 mg	100%
Vitamin B6 1 mg	60%
Vitamin B12 12 mcg	500%
Folate 167 mcg DFE (100 mcg folic acid)	40%
Biotin 150 mcg	500%
Phosphorus 65 mg	6%
Magnesium 100 mg	25%
Zinc 1.3 mg	10%
Selenium 25 mcg	45%
Copper 0.1 mg	10%
Ob	4700

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a dail

diet, 2,000 calories a day is used for general nutrition advice

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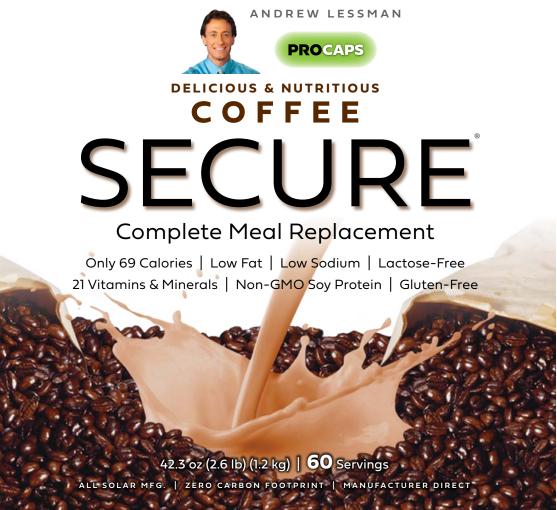




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Andrew Lessman's SECURE COMPLETE MEAL REPLACEMENT is a great tasting coffee shake that, at only 69 calories, is also the world's lowest calorie meal replacement. It is also a healthy source of protein, fiber and 21 essential vitamins and minerals. Each delicious and satisfying serving delivers 7 grams of heart and bone healthy non-GMO soy protein. For those counting "carbs", SECURE delivers only 5 grams of carbohydrate with 2 grams of healthy fiber and provides between 50% and 500% of the RDI of 10 essential vitamins, plus 10 vital minerals, including 200 milligrams of Calcium. Soy has long been a staple food in the healthy Asian diet and non-GMO soy protein is the highest quality, complete, non-animal protein available today with a long list of scientific research attesting to its myriad health and weight-loss benefits. SECURE's rich flavor and texture also makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, protein, fiber and phytonutrients. SECURE is designed to be the best tasting, reduced calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without all of the undesirable calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich SECURE is designed to be more than the most impressive meal replacement on paper, but also the most delicious in your mouth as well. Controlling our intake of food can be difficult, but SECURE's great taste and caloric composition make it easy and enjoyable to embrace a weight-loss regimen that actually works.

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Nutrition Facts

60 servings per container Serving size

1 Scoop (20g) (6 1/2 tsp.)

Amount per serving

Calories

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 60mg	3%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 5g Added Sugars	10%
rotein 7g	14%
Soy Protein 7g	
/itamin D ₃ 10 mcg (400 IU)	50%
Calcium 200 mg	15%
ron 0.9 mg	6%
Potassium 180 mg	4%
/itamin C 60 mg	70%
itamin E 10 mg (15 IU)	70%
itamin B1 0.8 mg	70%
itamin B2 0.9 mg	70%
liacin 10 mg	60%
Pantothenic Acid 5 mg	100%
/itamin B6 1 mg	60%
/itamin B12 12 mcg	500%
Folate 167 mcg DFE (100 mcg folic acid)	40%
Biotin 150 mcg	500%
Phosphorus 65 mg	6%
Magnesium 100 mg	25%
Zinc 1.3 mg	10%
Selenium 25 mcg	45%
Copper 0.1 mg	10%
r ···o	170%

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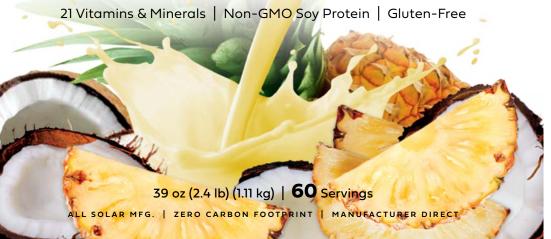
800.345.1515

Manufactured by ProCaps Labs, Henderson, NV 89011



Complete Meal Replacement

Only 65 Calories | Low Fat | Low Sodium | Lactose-Free



Andrew Lessman's SECURE COMPLETE MEAL REPLACEMENT is a great tasting piña colada shake that, at only 65 calories, is also the world's lowest calorie meal replacement. It is also a healthy source of protein, fiber and Serving size 21 essential vitamins and minerals. Each delicious and satisfying serving delivers 7 grams of heart and bone healthy non-GMO soy protein. For those counting "carbs", SECURE delivers only 5 grams of carbohydrate with 2 grams of healthy fiber and provides between 50% and 500% of the RDI of 10 essential vitamins, plus 10 vital minerals, including 200 milligrams of Calcium. Soy has long been a staple food in the healthy Asian diet and non-GMO soy protein is the highest quality, complete, non-animal protein available today with a long list of scientific research attesting to its myriad health and weight-loss benefits. SECURE's rich flavor and texture also makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, protein, fiber and phytonutrients. SECURE is designed to be the best tasting, reduced calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without all of the undesirable calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich SECURE is designed to be more than the most impressive meal replacement on paper, but also the most delicious in your mouth as well. Controlling our intake of food can be difficult, but SECURE's great taste and caloric composition make it easy and enjoyable to embrace a weight-loss regimen that actually works. Ingredients: Non-GMO Soy Protein Isolate, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble

dietary fiber), Natural & Artificial Flavors, Calcium Citrate. Contains 2 Percent or less of: Magnesium Oxide, Calcium Ascorbate, Acesulfame Potassium (non-nutritive sweetener), Sucralose (non-nutritive sweetener), d-alpha Tocopheryl Acetate, Potassium Citrate, Niacinamide, Calcium Pantothenate, Cholecalciferol, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Pyridoxine Hydrochloride, Methylcobalamin (Proprietary Protective Methyl B12 Matrix), Thiamin Hydrochloride, Riboflavin, Chromium Nicotinate, Biotin, Contains Sov.

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Nutrition Facts

60 servings per container

1 Scoop (18.5g) (6 1/2 tsp.)

Amount per serving

Calories

	% Daily Value
Total Fat 1.5g	29
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 60mg	39
Total Carbohydrate 7g	39
Dietary Fiber 2g	79
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 7g	149
Soy Protein 7g	
Vitamin D ₃ 10 mcg (400 IU)	50%
Calcium 200 mg	159
ron 0.8 mg	49
Potassium 100 mg	29
/itamin C 60 mg	709
/itamin E 10 mg (15 IU)	709
/itamin B1 0.8 mg	709
/itamin B2 0.9 mg	709
Niacin 10 mg	609
Pantothenic Acid 5 mg	1009
Vitamin B6 1 mg	609
Vitamin B12 12 mcg	5009
Folate 167 mcg DFE (100 mcg folic acid)	409
Biotin 150 mcg	5009
Phosphorus 65 mg	69
Magnesium 100 mg	259
Zinc 1.4 mg	159
Selenium 25 mcg	459
Copper 0.1 mg	109
Chromium 60 mcg	1709

Suggested Use For optimum cholesterol reduction, consume one or two CHOCONUVO Café squares with each meal (with no less than two meals daily). Other than pure enjoyment, there is no need to consume more than five squares daily for cholesterol reduction. CHOCONUVO Café should be consumed shortly before, during or after meals. Best results are achieved when combined with a healthy, low cholesterol, high fiber diet. Like any creamy chocolate, CHOCONUVO melts when exposed to heat. Should this occur, simply place it in the refrigerator and it will solidify back to its normal state. CHOCONUVO is perfect for baking, since its flavor and health benefits are not affected by exposure to heat. For questions about the use of this product call 800.332.7799.

NOTE. The coffee granules in CHOCONUVO Café only add a minimal amount of caffeine per square (less than 5 mg).

SUPPLEMENT FACTS Serving Size 1 Piece (6 g), Servings: 120, Amount Per Serving: Calories 25, Total Fat 2 g (3%DV), Saturated Fat 1g (5%DV), Trans Fat 0 g, **Cholesterol** 0 mg (0%DV), **Total Carb.** 3 g (1%DV), Dietary Fiber less than 1g (2%DV), **Total Sugars** 2g, Includes 2g Added Sugars (4%DV), **Natural Plant** Sterol Esters 650 mg (†), Cocoa Flavanols (approx.) 40 mg (†)

* Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients Organic 66% Cacao Dark Chocolate (Organic Fair Trade Cacao Beans, Organic Evaporated Cane Syrup, Organic Fair Trade Cocoa Butter, Organic Sunflower Lecithin) and Organic Coffee Granules (Organic Fair Trade Coffee Beans)



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HENDERSON, NV 89011

"Uniquely Heart-Healthy Chocolate"



(ORGANIC FAIR TRADE CACAO BEANS, ORGANIC EVAPORATED CANE SYRUF ORGANIC FAIR TRADE COCOA BUTTER. ORGANIC SUNFLOWER LECITHIN CHOLESTACARE NATURAL PLANT STEROL ESTERS AND ORGANIC FAIR TRADE COFFEE BEANS.



608223-01M

120 SIX-GRAM SQUARES MANUFACTURING NET WT 25.4 OZ (1.6 LB) (720 G)



Mother Nature's Dynamic Duo of Heart Health.

CHOCONUVO Café combines the heart-healthy benefits of dark chocolate with Mother Nature's most powerful and clinically proven cholesterol-reducing ingredient (plant sterols), along with the rich flavor of organic fair trade coffee. Naturally occurring compounds in dark chocolate called **flavanols** have long been known to promote heart and circulatory health. The unique combination of our natural plant sterols with our flavanol-rich organic mild dark chocolate creates the creamiest and most luxurious "milk chocolate-like" dark chocolate you will ever taste with the perfect hint of coffee crunch and coffee flavor. CHOCONUVO is also the first chocolate experience that naturally lowers cholesterol.

Chocolate – Respected for Thousands of Years.

Cocoa was revered by ancient South and Central American cultures. In fact, Aztec emperor Montezuma proclaimed cocoa a divine beverage that fights fatigue while Spanish explorer Hernando Cortes praised its benefits for physical endurance. For centuries, cocoa was not merely a source of nourishment, but of resilience, stamina and well-being. The scientific name for the cacao tree translates as God's Drink. As admired as cocoa was by Native Americans, it is not surprising that it soon became equally prized in the 16th century New World.

A Unique Dark Chocolate Experience.

In recent years, due to its myriad health benefits, interest in dark chocolate has exceeded that of milk chocolate. Dark chocolate provides higher levels of healthy flavanols than milk chocolate and also contains less sugar, fat and calories, along with no added milk. It is this uniquely high level of flavanols that imparts dark chocolate's rich flavor and health benefits, but also causes its drier texture. CHOCONUVO Café's unique marriage of dark chocolate and coffee granules with cholesterol-lowering plant sterols creates an exceptionally healthy dark chocolate treat that melts in your mouth like milk chocolate. In fact, our mild CHOCONUVO Café 66 was specifically created for those who enjoy the flavor and health benefits of dark chocolate, but prefer the mild taste and creamy texture of milk chocolate, along with a hint of coffee flavor and texture.

Dark Chocolate and Plant Sterols: A Natural Solution to an Unhealthy Problem.*

The normal American diet increases cholesterol levels and the risk of heart disease. As a result, millions of Americans take cholesterol-lowering drugs with their long list of harmful side effects. If you and your physician seek a natural tool to lower cholesterol, then CHOCONUVO Café is an ideal solution. We add the clinically proven cholesterol-lowering benefits of plant sterols to our heart-healthy Organic 66% Coffee-Flavored mild dark chocolate. In fact, the 1,300 mg of plant sterols in just two CHOCONUVO Café squares is all you need to powerfully impact your cholesterol levels.*

*According to the US Food and Drug Administration, consuming at least 650 mg of plant sterol esters twice daily with meals for a daily total intake of at least 1,300 mg as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each CHOCONUVO Café square supplies 650 mg of plant sterol esters

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

"Enjoy the Naturally Sweet Taste of Sucress"



ANDREW LESSMAN





ZERO CALORIES • NON-GMO Natural Non-Caloric Sweetener



Manufactured by ProCaps Labs, Henderson, NV 89011

608113-02M

DIRECTIONS. Add to beverages or foods to achieve desired sweetness. **SUCRESS** dissolves instantly providing the sweetness equivalence of approximately 2 teaspoons of sugar per packet. Unlike other sweeteners, **SUCRESS** contains no artificial sweeteners or flavors and no added sugars or carbohydrate. **For questions about the use of this product call 800.332.7799.**

SUCRESS = Sucré + Success.

Sucré is the French word for "sweet" and if you combine it with the word "success", you end up with *Sweet Success* or as we now call it, **SUCRESS**. It is well established that reduced sugar intake is essential for good health. In fact, lower sugar intake facilitates weight loss and enhances blood sugar control. Nevertheless, virtually all sugar substitutes strangely "replace" sugar with other sugars or carbohydrate. **SUCRESS** is different. No added sugars or carbohydrate. Just the clean fresh taste of our natural Stevia sweetener, along with the amino acid Glycine to help support healthy blood sugar metabolism.

STEVIA'S SWEET STORY.

Stevia seemed to burst on the scene several years ago, but by then, Stevia had already been consumed traditionally for generations in South America. Stevia is related to the sunflower and, like many plants and natural ingredients, Stevia has been used traditionally for more than 1,500 years. Apparently, it just takes a few centuries for science and industry to embrace Mother Nature's best work. At **ProCaps Laboratories**, our interest in Stevia began decades ago; however, it was exceedingly difficult to translate the mild sweetness of the Stevia leaf into the "sugary" sweetness that modern taste buds demand. Nevertheless, after years of research, we are proud to introduce a sweetener worthy of the Stevia plant. *Enjoy the naturally sweet taste of Sucress!*

NO HIDDEN SUGAR.

SUCRESS is our unique non-GMO Stevia leaf sweetener with none of the sugars or carbohydrate of other packeted sweeteners. Our refreshing new approach means there are no hidden sugars in your sugar substitute. Each packet of **SUCRESS** provides the sweetness equivalence of approximately 2 teaspoons of sugar, along with the healthy glycemic (blood sugar) support of the amino acid Glycine. Enjoy the pure sweet taste of **SUCRESS** without artificial sweeteners and flavors or added sugars and carbohydrate.

SUGAR. HIDDEN IN PLAIN SIGHT.

Sugar hides in unexpected places; ketchup, salad dressing, yogurt, peanut butter, bread, cereal, beverages, etc. However, there is one particularly shocking hiding place and that is in a sugar substitute. But how could a sugar "substitute" possibly contain hidden sugar? Isn't it supposed to replace sugar? Yet virtually all of them, both natural and artificial, contain added sugars or carbohydrate. Some contain simple sugars, like dextrose or glucose. While others include alcohol sugars, such as erythritol; and still others contain carbohydrate, like maltodextrin or inulin. It seems strange, even deceptive, to include sugars in a product intended to replace sugar, so **SUCRESS** is different. **SUCRESS** only contains our natural Stevia sweetener, along with the healthy blood sugar support of the amino acid Glycine. Finally, a healthy alternative to sugar and sugar substitutes. *Make our SUCRESS* your success!

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www.QVC.com 800.345.1515 Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

Ingredients: Glycine (an amino acid), Non-GMO

1 Packet (1g)

% Daily Value

Proprietary Stevia Leaf Extract. Bestevia+

Nutrition Facts

250 servings per container

Serving size

Total Fat 0g

Sodium 0mg

Protein 0g

Total Carbohydrate 0g

Amount per serving Calories



SUGGESTED USE Mix one packet of delicious and nutritious Efficient C + Cranberry Benefits with 4 to 8 ounces of water. You can use more or less water to adjust flavor intensity.

For questions about the use of this product Call 800.332.7799.

To learn more visit www.EfficientC.com

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Manufactured by ProCaps Labs, Henderson, NV 89011



popular Cranberry Benefits.

500 mg Standardized Cranberry Concentrate Supports Bladder, Kidney & Urinary Tract Health

Dietary Supplement | 30 Single-Serving Packets

Andrew Lessman's EFFICIENT C + CRANBERRY BENEFITS reinvents the Vitamin C drink.

It provides superior forms and amounts of all key nutrients and its delicious, natural flavor comes with NO calories, sugar or carbohydrates. Each serving provides an ideal 500 mg of Non-Acidic Vitamin C for optimum absorption without stomach upset, along with 500 mg of our **Cranberry Benefits** for unparalleled support of the bladder, kidney and urinary tract. We also include our unique blend of all essential B-Complex vitamins to support virtually all body processes, including energy production and fat metabolism. Plus, our B12 is present as natural methylcobalamin, which avoids the use of cyanocobalamin, a synthetic form of B12 that exposes us to cyanide. We also use naturally active 5-MTHF (5-methyltetrahydrofolate), instead of folic acid, since so many of us cannot metabolize ordinary folic acid. Of course, we also provide essential Vitamin D₃. The beverage's rich color does not result from artificial colors, but from an anthocyanin-rich extract of Black Currant providing extensive immune and eve health benefits. We also avoid undesirable carbonation and instead you can enjoy the pure, natural flavor of Efficient C. In short, Efficient C + Cranberry Benefits is a delicious new take on Vitamin C drinks without any of the calories, sugars, carbs, artificial sweeteners or other undesirable additives of typical beverages. Plus, it also provides all the bladder and urinary tract support benefits of our

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler,

excipient, lubricant, coating, diluent, flowing agent, common allergens, color or preservative. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Sunnlement Facts

Serving Size 1 packet (2.8 g)	Servings Per Con	ervings Per Container 30		
Amount Per Serving		%DV*		
Vitamin C (as magnesium ascorbate/calcium asco	500 mg rbate)	556%		
Vitamin D ₃ (as cholecalciferol)	5 mcg (200 IU) 25%		
Vitamin B1 (as thiamin hydrochloride)	3 mg	250%		
Vitamin B2 (as riboflavin)	3 mg	231%		
Niacin (as niacinamide)	3 mg	19%		
Pantothenic Acid (as calcium pantothena	ite) 3 mg	60%		
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	176%		
Vitamin B12 (as methylcobalamin - protected Coenzy	30 mcg 1 me B12)	1,250%		
Folate Complex 30 mcg DFE ((as folic acid/L-methylfolate)	13 mcg folic acid) 7%		
Biotin	30 mcg	100%		
Calcium (as calcium ascorbate)	25 mg	2%		
Magnesium (as magnesium ascorbate)	22 mg	5%		
Potassium (as potassium malate)	50 mg	1%		

standardized to 35% fruit acids/17:1 concentrate Percent Daily Values (%DV) are based on a 2.000 calorie diet.

Cranberry, extract (fruit)

Black Current, extract (fruit)

Other Ingredients, Natural Cranberry Flavor, Natural Pomegranate Flavor, Citric Acid, Malic Acid, non-GMO Proprietary Stevia Leaf Extract, Proprietary Protective

500 mg

50 mg

CONTAINS NO ADDITIVES OF ANY KIND

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