



ANDREW'S OWN
 CERTIFIED ORGANIC
Jasmine Infused Green Tea



INSTRUCTIONS For a refreshing tea, place one sachet of our Organic **Jasmine Infused Green Tea** in a cup or teapot of pure water at approximately 185° F (85° C). This is best achieved by allowing boiling water a moment to cool before introducing the tea sachet. Steep for approximately 3 to 5 minutes and then allow to cool and enjoy. Of course, feel free to vary the amount of water used or modify the brewing time to adjust the strength of the tea. Unlike typical green tea, prolonged brewing will not cause bitterness due to the unique quality of our tea. You can also add ice or refrigerate to make a healthy, delicious and refreshing tea.

EGCG. Polyphenols. Green Tea's Science.

There is no beverage with a longer history of traditional use than Green Tea. There is also no beverage with more science to support its healthy use than Green Tea. Tradition and science partner perfectly in our Organic **Jasmine Infused Green Tea** to provide a delicious new opportunity to embrace the health benefits of Green Tea. Research has shown that special compounds in Green Tea called Polyphenols deliver its benefits. EGCG (Epigallocatechin Gallate) is the most important of those Polyphenols and is the ongoing focus of extensive anti-aging research. Of course, our Organic **Jasmine Infused Green Tea** delivers high levels of Polyphenols and EGCG, while also being perfectly balanced, providing mild levels of caffeine – less than those found in a weak cup of coffee or cup of black tea.

Exclusively From Fujian, China

We use only Single Region Premium Sencha Green Tea from Organic-Certified gardens in the Fujian Province of China. Fujian Green Tea is the finest Green Tea in China and it is known for its rich, yet mild flavor, which makes it a perfect choice for Americans. Sencha Green Tea is traditionally produced in Japan and is well known for its mild flavor. "Sencha" refers to the absence of grinding the tea leaves, which retains its magnificent flavor and aroma. The capital of Fujian is Fuzhou – a city renowned for its Jasmine, making it the home to China's and our highest quality **Jasmine Green Tea**.



ANDREW'S OWN

CERTIFIED ORGANIC



Jasmine Infused Green Tea

PREMIUM SINGLE REGION FULL-LEAF GREEN TEA
 TRADITIONAL JASMINE INFUSION • NO BLOSSOMS

Ancient Tranquility in a Cup

My Organic **Jasmine Infused Green Tea** is made in the traditional way of a bygone era. It is mild and delicious – without a hint of bitterness. Each cup reminds us of a simpler time when tea was brewed with great devotion and enjoyed in complete tranquility.

Traditional Jasmine Green Tea

My **Jasmine Green Tea** is made the old-fashioned way and contains no Jasmine blossoms. Instead, when our Green Tea is ready for drying, we introduce freshly-picked autumn Jasmine flowers to the drying room. As the Jasmine blossoms open, warm air is circulated throughout the room causing the natural Jasmine fragrance to infuse our Green Tea. This process is repeated seven times over several days to achieve the perfect balance and flavor. This is the same centuries-old, traditional method by which the world's finest Jasmine Green Tea has been made.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT



QUESTIONS? REORDERS?

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MANUFACTURED BY PROCAPS LABS Henderson, NV 89011

30 INDIVIDUALLY SEALED TEA SACHETS • NET WT. 2.1 OZ. (60g)



Back in 1979, I began making vitamins for my own use when I could find no products that met my high standards for quality, purity and efficacy. These vitamins were never intended to be sold; however, more than 45 years later, the same exceptional vitamins I make for my own personal use are the exact same vitamins I share with you through ProCaps Laboratories.

Today, I have created a very small family of products called "Andrew's Own" for when, just as with vitamins 45-plus years ago, I make a product for my own use that is worthy of sharing with you. I am excited to introduce another unique member to the Andrew's Own family. **Enjoy!**

Andrew Lesman

INGREDIENTS Pure Premium Organic Green Tea from the Fujian province dried traditionally in the presence of the rich fragrance of autumn-harvested Guangxi Jasmine Blossoms.



ANDREW AND MURIEL'S OWN™

CERTIFIED ORGANIC

Natural Earl Grey Green Tea

INSTRUCTIONS For a refreshing tea, place one sachet of our Organic **Earl Grey Green Tea** in a cup or teapot of pure water at approximately 185° F (85° C). This is best achieved by allowing boiling water a moment to cool before introducing the tea sachet. Steep for approximately 3 to 5 minutes and then allow to cool and enjoy. Of course, feel free to vary the amount of water used or modify the brewing time to adjust the strength of the tea. Unlike typical green tea, prolonged brewing will not cause bitterness due to the unique quality of our tea. You can also add ice or refrigerate to make a healthy, delicious and refreshing tea.

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ANDREW AND MURIEL'S OWN™

Back in 1979, I began making vitamins for my own use when I could find no products that met my high standards for quality, purity and efficacy. These vitamins were never intended to be sold; however, more than 45 years later, the same exceptional vitamins I make for my own personal use are the exact same vitamins I share with you through ProCaps Laboratories.

Today, I have created a very small family of products called "Andrew's Own" for when, just as with vitamins 45-plus years ago, I make a product for my own use that is worthy of sharing with you. I am excited to introduce another unique member to the Andrew's Own family. **Enjoy!**

Andrew Selman

INGREDIENTS Premium Organic Chinese Sencha Green Tea from Fujian province infused with natural Bergamot Oil to create a classic, but uniquely healthy "Earl Grey" experience.

EGCG. Polyphenols. Green Tea's Science.

There is no beverage with a longer history of traditional use than Green Tea. There is also no beverage with more science to support its healthy use than Green Tea. Tradition and science partner perfectly in our Organic **Earl Grey Green Tea** to provide a delicious new opportunity to embrace the health benefits of Green Tea. Research has shown that special compounds in Green Tea called Polyphenols deliver its benefits. EGCG (Epigallocatechin Gallate) is the most important of those Polyphenols and is the ongoing focus of extensive anti-aging research. Of course, our Organic **Earl Grey Green Tea** delivers high levels of Polyphenols and EGCG, while also being perfectly balanced, providing mild levels of caffeine – less than those found in a weak cup of coffee or cup of black tea.

Green Tea meets Earl Grey

Earl Grey has always been Muriel's favorite tea, but she was very disappointed to learn it lacked Green Tea's health benefits. She asked me if I could create an Earl Grey Tea with all the benefits of Green Tea. The tea you hold in your hand is the result. Traditional Earl Grey is a blend of Black Tea with a small amount of bergamot oil derived from the rind of the bergamot orange, a fragrant citrus fruit from Italy. Our **Earl Grey Green Tea** uses Premium Green Tea to create a rich, flavorful Earl Grey Tea, but with the added peace of mind that comes with the health benefits of Green Tea. Each cup reminds us of a simpler time when tea was brewed with great devotion and enjoyed in complete tranquility.

ANDREW AND MURIEL'S OWN™



CERTIFIED ORGANIC



Natural Earl Grey Green Tea

THE NATURAL FLAVOR OF EARL GREY
ALL THE BENEFITS OF GREEN TEA

Ages Old Healthy Wisdom

Originating almost 5,000 years ago in China, Green Tea is second only to water as the world's most popular beverage. Green Tea's health benefits are well-established, but since many Americans don't enjoy Green Tea's flavor, we miss out on its wonderful benefits. That is the unique opportunity our **Earl Grey Green Tea** presents, since it offers the traditional flavor of Earl Grey with all the benefits of the finest Green Tea.

Exclusively From Fujian, China

We use only Single Region Premium Sencha Green Tea from Organic-Certified gardens in the Fujian Province of China. Fujian Green Tea is the finest Green Tea in China and it is known for its rich, yet mild flavor, which makes it a perfect choice for Americans. Sencha Green Tea is traditionally produced in Japan and is well known for its mild flavor. "Sencha" refers to the absence of grinding the tea leaves, which retains its magnificent flavor and aroma.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

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Certified Organic by CCOF

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30 INDIVIDUALLY SEALED TEA SACHETS • NET WT. 2.1 OZ. (60g)



Certified Organic Peppermint Sencha Green Tea

Instructions

For a refreshing herbal tea, place one sachet of our **Organic Peppermint Sencha Green Tea** in a cup or teapot of pure water at approximately 185° F (85° C). This is best achieved by allowing boiling water a moment to cool before introducing the tea sachet. Steep for approximately 3 to 5 minutes and then allow to cool and enjoy. Of course, feel free to vary the amount of water used or modify the brewing time to adjust the strength of the tea. Unlike typical green tea, prolonged brewing will not cause bitterness due to the unique quality of our tea. You can also add ice or refrigerate to make a healthy, delicious and refreshing iced mint green tea.



Back in 1979, I began making vitamins for my own use when I could find no products that met my high standards for quality, purity and efficacy. These vitamins were never intended to be sold; however, some 30 years later, the same exceptional vitamins I make for my own personal use are the exact same vitamins I share with you through ProCaps Laboratories.

Today, I have created a very small family of products called "**Andrew's Own**" for when, just as with vitamins 30-plus years ago, I make a product for my own use that is worthy of sharing with you. I am excited to introduce another unique member to the **Andrew's Own** family.

Enjoy!

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The World's Mildest Green Tea

We use only the finest **Premium Sencha Green Tea** from Organic-Certified gardens in both Japan and China. We select only Sencha Green Tea because it is respected as the world's finest and mildest Green Tea, making it a perfect choice for our finicky American taste buds. Sencha Green Tea is distinguished from other teas by its absence of grinding and other harsh chemical or physical processing. This "normal" tea processing results in the chemical "damage" (oxidation) that causes the unpleasant bitterness of typical green or black teas. Our minimally processed **Sencha Green Tea** preserves all the elegant flavor and subtle aroma of its pristine Green tea leaves.



Peppermint: Nature's Freshest Flavor

Peppermint (*Mentha piperita*) is the most popular member of mint family of plants. For thousands of years, Peppermint has been used traditionally, not just for its uniquely fresh flavor, but also for its calming and soothing properties, particularly for the digestive system. Our **Premium Full-Leaf Peppermint** is cultivated in America's Pacific Northwest – home to the world's finest Organic Peppermint and it is certified free of all pesticides and herbicides. It is unprocessed, so you can enjoy all the pure, natural freshness of our exceptional **Organic Peppermint** without a hint of bitterness or any unwanted contaminants.



Certified Organic Peppermint Sencha Green Tea

Premium American Full-Leaf Peppermint
with Premium Mild Sencha Green Tea Blend



30 INDIVIDUALLY SEALED TEA SACHETS • NET WT. 2.1 OZ. (60g)



Ages Old Healthy Wisdom

Originating almost 5,000 years ago in China, Green Tea is second only to water as the world's most popular beverage. Green Tea's health benefits are well-established, but since many Americans don't enjoy its flavor, we miss out on its wonderful benefits. Our **Peppermint Sencha Green Tea** presents a unique opportunity, since it offers the refreshing flavor of our **Premium Full-Leaf Peppermint** with all the benefits of the finest Green Tea.



Green Tea for Modern American Tastes

Muriel and I sought to create a Green Tea for those who don't like ordinary Green Tea, so we started with the finest Sencha Green Tea and took a lesson from Muriel's childhood in France where they only served Green Tea with fresh mint. The result is a Green Tea for those of you who, like us, prefer the refreshing flavor of mint over the sometimes bitter taste of typical Green Tea. Of course, our tea also delivers high levels of protective Polyphenols and EGCG with only mild levels of caffeine – less than those found in a very weak cup of coffee or a cup of black tea.



Ingredients

Premium Organic Peppermint from America's Pacific Northwest, Premium Organic Chinese and Premium Organic Japanese Sencha Green Teas.



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Certified Organic by NDA