

ANDREW AND MURIEL'S OWN™

CERTIFIED ORGANIC

Natural Earl Grey Green Tea



INSTRUCTIONS For a refreshing tea, place one sachet of our Organic **Earl Grey Green Tea** in a cup or teapot of pure water at approximately 185° F (85° C). This is best achieved by allowing boiling water a moment to cool before introducing the tea sachet. Steep for approximately 3 to 5 minutes and then allow to cool and enjoy. Of course, feel free to vary the amount of water used or modify the brewing time to adjust the strength of the tea. Unlike typical green tea, prolonged brewing will not cause bitterness due to the unique quality of our tea. You can also add ice or refrigerate to make a healthy, delicious and refreshing tea.

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ANDREW AND MURIEL'S OWN™

Back in 1979, I began making vitamins for my own use when I could find no products that met my high standards for quality, purity and efficacy. These vitamins were never intended to be sold; however, more than 45 years later, the same exceptional vitamins I make for my own personal use are the exact same vitamins I share with you through ProCaps Laboratories.

Today, I have created a very small family of products called "Andrew's Own" for when, just as with vitamins 45-plus years ago, I make a product for my own use that is worthy of sharing with you. I am excited to introduce another unique member to the Andrew's Own family. **Enjoy!**

Andrew Selman

INGREDIENTS Premium Organic Chinese Sencha Green Tea from Fujian province infused with natural Bergamot Oil to create a classic, but uniquely healthy "Earl Grey" experience.

EGCG. Polyphenols. Green Tea's Science.

There is no beverage with a longer history of traditional use than Green Tea. There is also no beverage with more science to support its healthy use than Green Tea. Tradition and science partner perfectly in our Organic **Earl Grey Green Tea** to provide a delicious new opportunity to embrace the health benefits of Green Tea. Research has shown that special compounds in Green Tea called Polyphenols deliver its benefits. EGCG (Epigallocatechin Gallate) is the most important of those Polyphenols and is the ongoing focus of extensive anti-aging research. Of course, our Organic **Earl Grey Green Tea** delivers high levels of Polyphenols and EGCG, while also being perfectly balanced, providing mild levels of caffeine – less than those found in a weak cup of coffee or cup of black tea.

Green Tea meets Earl Grey

Earl Grey has always been Muriel's favorite tea, but she was very disappointed to learn it lacked Green Tea's health benefits. She asked me if I could create an Earl Grey Tea with all the benefits of Green Tea. The tea you hold in your hand is the result. Traditional Earl Grey is a blend of Black Tea with a small amount of bergamot oil derived from the rind of the bergamot orange, a fragrant citrus fruit from Italy. Our **Earl Grey Green Tea** uses Premium Green Tea to create a rich, flavorful Earl Grey Tea, but with the added peace of mind that comes with the health benefits of Green Tea. Each cup reminds us of a simpler time when tea was brewed with great devotion and enjoyed in complete tranquility.

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Natural Earl Grey Green Tea

THE NATURAL FLAVOR OF EARL GREY
ALL THE BENEFITS OF GREEN TEA

Ages Old Healthy Wisdom

Originating almost 5,000 years ago in China, Green Tea is second only to water as the world's most popular beverage. Green Tea's health benefits are well-established, but since many Americans don't enjoy Green Tea's flavor, we miss out on its wonderful benefits. That is the unique opportunity our **Earl Grey Green Tea** presents, since it offers the traditional flavor of Earl Grey with all the benefits of the finest Green Tea.

Exclusively From Fujian, China

We use only Single Region Premium Sencha Green Tea from Organic-Certified gardens in the Fujian Province of China. Fujian Green Tea is the finest Green Tea in China and it is known for its rich, yet mild flavor, which makes it a perfect choice for Americans. Sencha Green Tea is traditionally produced in Japan and is well known for its mild flavor. "Sencha" refers to the absence of grinding the tea leaves, which retains its magnificent flavor and aroma.

Since 1979, Unsurpassed Purity, Quality and Efficacy.

100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

PROCAPS®

QUESTIONS? REORDERS?

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Certified Organic by CCOF

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30 INDIVIDUALLY SEALED TEA SACHETS • NET WT. 2.1 OZ. (60g)

